Degree Planning Guide: 2024-2025

Social Work



First year (<28 credits)	Sophomore (28-59 credits)	Junior (60-91 credits)	Senior (92+ credits)
Semester 1 PSYC 111: General Psychology SOWK 181: Intro to Social Work	Semester 1 BIOL 105: Human Biology <i>or</i> BIOL 106: Women, Medicine	Semester 1 SOWK ELEC SOWK 355: Comm. and Interv. Skills SOWK 375: Jr. Field and Seminar (2 cr.) SOWK 391: Social Policy	Semester 1 SOWK 401: Small Client Systems SOWK 405: Sr. Field and Seminar
Semester 2 SOCI 100: Introduction to Sociology PSYC 202: Lifespan Development	Semester 2 SOWK 240: People and the Environment	Semester 2 SOWK ELECT SOWK 375: Jr. Field and Seminar (2 cr.) SOWK 380: Social Work Research SOWK 385: Group Work Skills	Semester 2 SOWK 402: Large Client Systems SOWK 406: Sr. Field and Seminar

Requirements for degree: 44 credits + 16 allied credits

Required Program Core Courses

SOWK 181: Introduction to Social Work

SOWK 240: People and the Environment: Theories of Justice, Behavior, and Impact

SOWK 355: Communication and Interviewing Skills

SOWK 375: Jr. Field Placement and Integrative Seminar (2 cr.)

SOWK 380: Social Work Research

SOWK 391: Social Policy for Social Change

SOWK 401: Generalist Practice 1: Small Client

System

SOWK 402: Generalist Practice II: Large Client

Systems

SOWK 405: Sr. Field Placement and Integrative Seminar

SOWK 406: Sr. Field Placement and Integrative

Seminar

One SOWK elective

Allied Requirements (16 cr.)

PSYC 111: General Psychology

SOCI 100: Introduction to Sociology

PSYC 202: Lifespan Development

BIOL 105: Human Biology or

BIOL 106: Women, Medicine, and Biology

Must complete ONE of the following electives:

SOWK 292: Loss, Grief, Resilience and

Transformation (2 cr.)

SOWK 291: Anatomy of Violence (4 cr.)

SOWK 293: A Celebration and Critical Analysis of Race and Self, Social Work, and Social

Movements (2 cr.)

SOWK 297: Dying in America (2)

Students considering social work should plan to meet with a social work advisor early in their college career.

health.stthomas.edu/social-work socialwork@stthomas.edu (651) 962-5800