

Counselor Licensure Program (CLiP) **Graduate School of Professional Psychology (GSPP) - University of St. Thomas**

(*Courses below are designed to meet the requirement of the Board of Behavioral Health and Therapy (BBHT) which states that LPC and LPCC licensees must complete an additional 12 credits of graduate-level coursework (i.e., in addition to a licensee's graduate program) prior to the completion of the first four years of licensure).
Students are asked to see what subject areas can fulfill this requirement by going to [this link](#):

J-Term, 2025 (January 2 - January 30, 2025)

CPSY 623: Fundamentals of Addiction Treatment Planning & Case Management (3 cr)

Prerequisite: CPSY 632 Psychopathology (or equivalent)

Recommended Prerequisite: CPSY 620

Fridays 4:30pm-10:00pm 1/3, 1/10, 1/17, 1/24

Saturdays 9:00am-1:00pm 1/4, 1/11, 1/18, 1/25

Course Description: This course provides students with foundational knowledge of and practice in effective treatment planning for clients who present with mental health and substance use disorders. Students will learn how to synthesize and communicate knowledge about substance use and co-occurring disorders to diverse audiences. This course will allow students to prepare for a rapidly evolving healthcare system, so that they may positively affect the care of each client. Students will be exposed to a broad range of clinical examples representing both dominant culture and underserved groups, requiring students to understand how various dimensions of diversity must be considered in planning treatment, managing cases, making recommendations & referrals.

CPSY 653-01 Family Counseling I (3 cr)

Prerequisite: CPSY 650 Introduction to Marriage and Family Psychology (or equivalent)

Fridays 4:30pm-10:00pm 1/3, 1/10, 1/17, 1/24

Saturdays 9:00am-1:00pm 1/4, 1/11, 1/18, 1/25

Course Description: Advanced family assessment, communications and systems approaches to family problem identification. Compare and contrast various family theories in terms of problem identification. Understanding of philosophical orientation and research underlying family psychology.

Spring, 2025 (February 3 - May 23, 2025)

CPSY 622: Assessment and Differential Diagnosis of Co-Occurring Disorders (3 cr)

Prerequisite: CPSY 632 Psychopathology (or equivalent)

Recommended Prerequisite: CPSY 620

Thursdays 4:30pm-7:00pm

Course Description: This course prepares students to provide comprehensive, evidence-based screening and assessment of substance (ab)use and co-occurring disorders. An exploration of the complex and dynamic interaction between substance abuse, mental health symptoms and cultural and environmental factors is a particular focus of the course. The role of the therapeutic relationship and motivational principles in enhancing the assessment process is also explored. An approach to assessment that takes into account a biopsychosocial model with an emphasis on the unique context of the individual client will be promoted.

CPSY 624: Co-Occurring Disorders and Evidenced-Based Treatment Approaches (3 cr)

Prerequisites: CPSY 632 Psychopathology (or equivalent) & CPSY 611: Theories of Counseling (or equivalent)

Recommended Prerequisite: CPSY 620

Fridays 4:30pm-10:00pm 2/21, 3/21, 4/11, 5/16

Saturdays 9:00am-1:00pm 2/22, 3/22, 4/12, 5/17

Course Description: This course offers an integrated treatment model of addiction and co-occurring disorders to prepare students to provide therapeutic services to affected individuals and families, within the emerging recovery-oriented system of care. An emphasis is placed on evidence-based treatment approaches and principles. Experiential exercises are utilized to help students learn to provide effective treatment interventions for co-occurring disorders. The limits of treatment approaches devised primarily for members of the dominant culture will be explored, and both adaptations of treatment models ("top-down approaches") for particular underserved groups will be covered as well as examples of approaches that have been developed from within cultural context ("bottom-up approaches") will be addressed.

CPSY 654: Family Counseling II (3 cr)

Prerequisites: CPSY 650 Intro to Marriage and Family Therapy & CPSY 653 Family Counseling I (or equivalents)

Fridays 4:30pm-10:00pm 2/14, 3/14, 4/11, 5/09

Saturdays 9:00am-1:00pm 2/15, 3/15, 4/12, 5/10

Course Description: Understanding theory and research in current family systems models of intervention. Family systems approaches to problem solution utilizing these theories.

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Counselor Licensure Program (CLiP) Graduate School of Professional Psychology (GSPP) University of St. Thomas

The Counselor Licensure Program (CLiP) in the Graduate School of Professional Psychology (GSPP) at the University of St. Thomas is designed to assist licensees (LPC, LPCC) meet the following requirement of the Minnesota Board of Behavioral Health and Therapy (BBHT):

Minnesota Statutes, section 148B.54, subdivision 2 states, "At the completion of the first four years of licensure, a licensee must provide evidence satisfactory to the board of completion of 12 additional postgraduate semester credit hours or its equivalent in counseling as determined by the board, except that no licensee shall be required to show evidence of greater than 60 semester hours or its equivalent.

<https://mn.gov/boards/behavioral-health/licensees/continuing-education/lpc-lpcc-continuing-education.jsp>

Graduate coursework in counseling completed prior to or after your degree program can be considered toward the requirements. Courses fulfilling the BBHT's 12-credit, graduate-level, additional course requirement (listed above) must fall under the following ten content areas:

<https://www.revisor.mn.gov/statutes/?id=148B.53>

- the helping relationship, including counseling theory and practice;
- human growth and development;
- lifestyle and career development;
- group dynamics, processes, counseling, and consulting;
- assessment and appraisal;
- social and cultural foundations, including multicultural issues;
- principles of etiology, treatment planning, and prevention of mental and emotional disorders and dysfunctional behavior;
- family counseling and therapy;
- research and evaluation; and
- professional counseling orientation and ethics.

Below is a list of GSPP courses in the Counselor Licensure Program (CLiP).

CPSY 620 Foundations of Substance Use and Addictions	CPSY 622 Assessment and Differential Diagnosis of Co-Occurring Disorders	CPSY 623 Fundamentals of Addiction Treatment Planning and Case Management	CPSY 624 Co-Occurring Disorders and Evidence-Based Treatment Approaches	CPSY 634 Trauma and Counseling
CPSY 648 Family Dynamics	CPSY 649 Sexual Health and Gender Issues in Counseling	CPSY 651 Marriage and Family Development	CPSY 652 Marriage Counseling	CPSY 653 Family Counseling I
CPSY 654 Family Counseling II	CPSY 752 Psychological Assessment, Intervention, and Consultation in Integrated Healthcare			

For more information about the CLiP, go to:

<https://www.stthomas.edu/graduate-psychology/programs/continuing-ed/lpc-lpcc/>

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