

# ANN MARIE WINSKOWSKI PSYD, LP

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AMWINSKOWSKI@STTHOMAS.EDU

## EDUCATION/PROFESSIONAL TRAINING

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<b>Doctor of Psychology Degree</b>	08/2012
Counseling Psychology, University of St. Thomas, Minneapolis, Minnesota	
<b>Predoctoral Intern, APA Accredited</b>	08/2011 – 08/2012
Canvas Health – formerly HSI, Oakdale, Minnesota	
<b>Master of Arts Degree</b>	05/2008
Counseling Psychology, University of St. Thomas, Minneapolis, Minnesota	
<b>Bachelor of Arts Degree</b>	05/2004
Gustavus Adolphus College, St. Peter, Minnesota, <i>magna cum laude</i>	
<b>Major Psychology</b>	
<b>Minor English</b>	

## LICENSE

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Licensed Psychologist: Minnesota Board of Psychology: LP5681	10/2013
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## EMPLOYMENT HISTORY

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<b>University of St. Thomas, Minneapolis, Minnesota</b>	1/2020 - Present
Director of Psychological Services at the Interprofessional Center (IPC)	
Clinical Faculty Member of the Graduate School of Professional Psychology	
<b>Perigee Psychological Services, Minneapolis, Minnesota</b>	2013 - 2021
Owner, Licensed Psychologist, Adult and Juvenile Forensic Evaluator	
<b>Acumen Psychology, St. Paul, Minnesota</b>	2012-2020
Postdoctoral Fellow, Adult and Juvenile Forensic Evaluator	
Contractor, Licensed Psychologist, Adult and Juvenile Forensic Evaluator	
<b>VA Medical Center, Minneapolis, Minnesota</b>	2004 - 2013
Research/Clinical Psychologist	
Practicum Student	
Research Coordinator	
Vocational Counselor	
<b>Human Services Inc. (HSI), Oakdale, Minnesota</b>	9/2011 – 8/2012
Predoctoral Intern	
<b>Ramsey County Mental Health Center, St. Paul, Minnesota</b>	9/2009 – 5/2010
Practicum Student	
<b>Neighborhood Involvement Program, Minneapolis, Minnesota</b>	8/2007 – 9/2008
Practicum Student	

## PROFESSIONAL AFFILIATIONS & VOLUNTEER

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Qualified Neutral Under Rule MN Rule 114	2018-Present
Peer Reviewer, Forensic Scholars Today	2015-Present
Research Associate, Department of Cognitive Sciences – University of Minnesota	2012-2013
Brain Sciences Center, Minneapolis VMAC, Research Psychologist	2012-2013
Minnesota Brain Injury Association, Services Committee Member	2012-2014

## HONORS

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Nominee, Chapter EY, Eden Prairie, Minnesota, P.E.O. Scholar Award	2009
Inductee, Psi Chi and Sigma Tau Delta Academic Honor Societies	2004
Gustavus Adolphus College's Edgar M. Carlson Award for excellence in psychology	2004
Sigma Xi scholar and grant recipient	2003

## **PUBLICATIONS**

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- Frankfurt, S., Anders, S., James, L., Engdahl, B., & **Winskowski**, A.M. (2015). Evaluating the Dimensionality of PTSD in a Sample of OIF/OEF Veterans. *Psychological Trauma: Theory, Research, Practice, and Policy* 7(5), 430-436.
- Harris, J.I., Erbes, C.R., **Winskowski**, A.M., Engdahl, B.E. & Nguyen, X. (2014). Social support as a mediator in the relationship between religious comforts and strains and trauma symptoms. *Psychology of Religion and Spirituality*.
- VanMeerten, N., Harris, J.I., Nienow, T., Hegeman, B., Sherburne, A., **Winskowski**, A.M., Schumacher, M., & Sponheim, S. (2013). Inpatient utilization before and after implementation of psychosocial rehabilitation programs: Analysis of cost reductions. *Psychological Services*.
- Ogden H, Harris J I, Erbes C, Engdahl B, Olson R, **Winskowski** A M, McMahonill J. (2011) Religious functioning and trauma outcomes among combat veterans. *Counseling and Spirituality*. 30(1); 71-89.
- Harris J I, Erbes C, Engdahl B, Thuras P, Murray-Swank N, Grace D, Ogden H, Olson R, **Winskowski** AM, Bacon R, Malec C, Campion K, Le T. (2011) The effectiveness of trauma focused spiritually integrated intervention for veterans. *Journal of Clinical Psychology*. 67, 1-14.
- Engdahl B, Leuthold A, Tan H-R, Lewis S, **Winskowski** AM, Dikel T, Georgopoulos A (2010) Post-traumatic stress disorder: A right temporal lobe syndrome? *Journal of Neural Engineering*, 7(6); 1-8.
- Georgopoulos, A.P., Tan, H.R.M., Lewis, S.M., Leuthold, A.C., **Winskowski**, A.M., Lynch, J.K., & Engdahl, B.E. (2010). The synchronous neural interactions test as a functional neuromarker for post-traumatic stress disorder (PTSD): A robust classification method based on the bootstrap. *Journal of Neural Engineering*, 7, 1-7.
- Harris, J.I., Erbes, C.R., Engdahl, B.E., Tedeschi, R.G., Olson, R.H.A., **Winskowski**, A.M., & McMahonill, J. (2010). Coping functions of prayer and posttraumatic growth. *International Journal for the Psychology of Religion*, 20, 26-38.
- Harris, J.I., Erbes, C.R., Engdahl, B.E., Olson, R.H.A, **Winskowski**, A.M. & McMahonill, J. (2008). Christian religious functioning and trauma outcomes. *Journal of Clinical Psychology*, 64(1), 17-29.
- Harris, J.I., **Winskowski**, A.M., Engdahl, B.E. (2007). Types of workplace social support in the prediction of job satisfaction. *Career Development Quarterly*, 56(2), 150-156.

## **PRESENTATIONS**

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Georgopoulos, A.P., Tan, H.R.M., Lewis, S.M., Leuthold, A.C., **Winskowski**, A.M., &

Engdahl, B.E. (2009, November). Altered neural interactions assessed by Magnetoencephalography (MEG) in veterans with PTSD. In B. Engdahl (chair), *Neuroimaging & PTSD: New findings and evolving technologies*. Symposium conducted at the meeting of The International Society for Traumatic Stress Studies, Atlanta, GA.

Engdahl, B., Erbes, C., **Winskowski**, A., & Eberly, R. (2008, November). The onset of post-war PTSD; Contrasts in trauma severity and study design. In B. Andrews (chair), *Delayed onset PTSD: New research on an old controversy*. Symposium conducted at the meeting of The International Society for Traumatic Stress Studies, Chicago, IL.

Erbes, C., **Winskowski**, A & Engdahl, B. (2007, November). Family functioning and post-traumatic outcomes in Iraq War returnees over time. In B. Engdahl (chair), *Combat trauma, ethnicity, family functioning, and spirituality: Their impact on postwar outcomes*. Symposium conducted at the meeting of The International Society for Traumatic Stress Studies, Baltimore, MD.

Harris, J.I., Erbes, C., Engdahl, B., Ogden, H., Olson, R., & **Winskowski**, A. (2007, November). Religious Practices' Relationships with Trauma Symptoms in Combat Veterans. In B. Engdahl (chair), *Combat trauma, ethnicity, family functioning, and spirituality: Their impact on postwar outcomes*. Symposium conducted at the meeting of The International Society for Traumatic Stress Studies, Baltimore, MD.

Harris, J.I., Erbes, C., Engdahl, B., **Winskowski**, A, & Olson, R. (2006, November). The Role of Prayer in Trauma and Resilience. In B. Engdahl (chair), *From WWII to Iraq to the community: Interplay of resilience, spirituality and post-traumatic growth*. Symposium conducted at the meeting of The International Society for Traumatic Stress Studies, Los Angeles, CA.

Erbes, C., Harris, J., **Winskowski**, A, Olson, R., & Engdahl, B. (2006, November). Social support, post-traumatic cognition and resilience in Iraq War returnees and a community sample. In B. Engdahl (chair), *From WWII to Iraq to the community: Interplay of resilience, spirituality and posttraumatic growth*. Symposium conducted at the meeting of The International Society for Traumatic Stress Studies, Los Angeles, CA.

Harris J.I., Erbes C., Engdahl B., Olson R., **Winskowski** A.M., Kroll J., Willis R. (2006, August). *Religious beliefs and practices as predictors of adjustment to trauma*. Paper presented at the annual convention of the American Psychological Association, New Orleans, LA.

Erbes, Christopher; **Winskowski**, Ann Marie; Engdahl, Brian (2005, November). *Social Support and Quality of Life in Recent Iraq and Afghanistan Returnees*. Poster session presented at the annual meeting of The International Society for Traumatic Stress Studies, Toronto, ON.

Harris, J. Irene; Erbes, Christopher; Engdahl, Brian; Olson, Ray; **Winskowski**, Ann Marie; Kroll, Jerome; Willis, Robert (2005, November). *Religion and Coping with Trauma: What Works for Whom*. Poster session presented at the annual meeting of The International Society for Traumatic Stress Studies, Toronto, ON.

Johnsen, Erica; **Winskowski**, Ann Marie; Kennedy, Maureen; Engdahl, Brian (2005, November). *Family Functioning and Adjustment Among Returnees With and Without Brain Injury*. Poster session presented at the annual meeting of The International Society for Traumatic Stress Studies, Toronto, ON.