

**Counselor Licensure Program (CLiP) (see [this link](#))
for current students in and graduates of the MA Program in the
Graduate School of Professional Psychology at the University of St. Thomas**

(Courses below are designed to help future LPC and LPCCs meet the continuing education requirement of the Board of Behavioral Health and Therapy (BBHT) in Minnesota which states the following:

During the first four years of licensure, licensees must provide evidence satisfactory to the Board of completion of 60 graduate-level semester credits and/or 40 continuing education units.

Students are highly encouraged to see the [Continuing Education requirement at this link](#):

Alumni of St. Thomas will receive a 15% tuition discount on courses in the CLiP

Each course is worth 3 graduate-level credits (or 45 continuing education hours)

SEE OTHER SIDE OF THIS SHEET FOR COURSES OFFERED IN FALL SEMESTER, 2023

Summer Semester, 2023 (May 31 – July 18, 2023)

CPSY 648-01 Family Dynamics

Required Prerequisite: CPSY 650: Introduction to Marriage and Family Counseling (or equivalent)

Classes will be held on the following **weekends**:

Fridays (4:30 - 10:15 p.m.): June 2, 9, 23 and July 14

Saturdays (9:00 a.m. - 1:00 p.m.): June 3, 10, 24 and July 15

Course Description: An introductory-level course in marriage and family living. The course covers, but is not limited to, the following areas: family social trends, demographic data, stages of family development, characteristics of healthy families, sibling-position models of family development and of marital patterns, and varying conceptual models of family counseling. In most settings, the instructor utilizes a combination of lecture, videotape presentations and small- group discussions.

CPSY 652-01 Marriage Counseling

Required Prerequisite: CPSY 650: Introduction to Marriage and Family Counseling (or equivalent)

Wednesdays (4:30 – 10:15 p.m.): May 31 and June 7, 14, 21, 28 and July 5, 12

Course Description: Theory and techniques of marital therapy, including dysfunctional communication patterns, pathological marriage patterns, factors in marital selection, marital stress, behavioral approaches to marital therapy, family systems approaches to marital therapy, and psychoanalytic approaches to marital therapy.

CPSY 752-01: Psychological Assessment, Intervention, and Consultation in Integrated Healthcare

Required Prerequisite: Current MA students must have completed a minimum of 3 courses in the MA Program

Mondays (4:30 – 10:15 p.m.): June 5, 12, 26 and July 3, 10, 17

Course Description: This course focuses on the role of psychology within integrated healthcare. It covers the history of the field of health psychology and assessment/treatment models utilized in integrated care settings. Specific and common health issues addressed by psychologists practicing on interdisciplinary medical teams are a focus of the course. Additionally, ethics, cultural considerations, interdisciplinary consultation & interprofessional communication, and advocacy are also addressed.

CPSY 960: Child Assessment and Treatment:

Required Prerequisite: Current MA students must have completed a minimum of 3 courses in the MA Program

Mondays (4:30 – 10:15 p.m.): June 5, 12, 26 and July 3, 10, 17

Course Description: Diagnostic assessment of child and adolescent psychopathology and effective intervention to treat psychopathology in children and adolescents. Basic understanding of developmental issues, cultural issues, economic issues, and discriminatory factors involved in treatment of children and adolescents.

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Fall Semester, 2023 (September 6 – December 22, 2023)

CPSY 620-01: Foundations of Substance Use and Addictions

Classes will be held on the following **weekends**:

Fridays (4:30 - 10:15 p.m.): September 15, October 20, November 17, December 15

Saturdays (9:00 a.m. - 1:00 p.m.): September 16, October 21, November 18, December 16

Course Description: This course provides an overview of the historical foundations and emerging theories of substance use and addictive disorders. An emphasis will be placed on the biopsychosocial model of addiction, the principles of motivation and change within the therapeutic relationship, evidence-based treatment approaches, and the continuum of care for substance use disorders. This course will also explore how systemic and multicultural factors, and other contextual variables influence individual and cultural relationships to alcohol and drugs, through foundational readings on diversity within the addiction field.

CPSY 651-01: Marriage and Family Development

Required Prerequisite: CPSY 650: Introduction to Marriage and Family Counseling (or equivalent)

Classes will be held on the following **weekends (tentative)**

Fridays (4:30 - 10:15 p.m.): September 8, October 13, November 10, December 8

Saturdays (9:00 a.m. - 1:00 p.m.): September 9, October 14, November 11, December 9

Course Description: Theory and research relating to marriage and family development, including family history, transgenerational family models, and developmental patterns involved with marriage and family growth.

CPSY 634-01: Trauma and Counseling

Mondays: 4:30 – 7:00 p.m.

Course Description: Examines seminal and current literature on trauma prevalence, outcomes, and recovery. Covers best methods in clinical assessment of trauma-related sequelae, primarily posttraumatic stress disorder. Evidence-based treatments from a cognitive-behavioral perspective will be reviewed with the intention of building skills in practice.

Below is a list of GSPP courses in the Counselor Licensure Program (CLiP).

CPSY 620 Foundations of Substance Use and Addictions (Typically offered Fall semester)	CPSY 622 Assessment and Differential Diagnosis of Co-Occurring Disorders (prereq 632) (Typically offered spring semester)	CPSY 623 Fundamentals of Addiction Treatment Planning and Case Management (prereq 632) (Typically offered in J-term)	CPSY 624 Co-Occurring Disorders and Evidence-Based Treatment Approaches (prereqs 611 and 632) (Typically offered spring semester)	CPSY 633 Developmental Psychopathology (Typically offered spring semester)
CPSY 634 Trauma and Counseling (Typically offered Fall semester)	CPSY 648 Family Dynamics (prereq 650) (Typically offered summer semester)	CPSY 649 Sexual Health and Gender Issues in Counseling (Typically offered spring semester)	CPSY 651 Marriage and Family Development (prereq 650) (Typically offered Fall semester)	CPSY 652 Marriage Counseling (prereq 650) (Typically offered summer semester)
CPSY 653 Family Counseling I (prereq 650) (Typically offered in J-term)	CPSY 654 Family Counseling II (prereq 653) (Typically offered spring semester)	CPSY 752 Psychological Assessment, Intervention, and Consultation in Integrated Healthcare (prereq is student must have completed a minimum of 3 courses.) (Typically offered summer semester)	CPSY 690 Introduction to Dialectical Behavior Therapy (DBT)	CPSY 960 Child Assessment and Treatment (prereq is student must have completed a minimum of 3 courses.) (Typically offered summer semester)