

Curriculum Vitae for David J. Roseborough

Associate Professor
School of Social Work – SCB 201
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Education:

- Ph.D. The University of Minnesota. School of Social Work. 2004.
Dissertation: *Psychodynamic psychotherapy: an Effectiveness study.*
- M.S.W. College of St. Catherine & University of St. Thomas. 1996.
Clinical Social Work.
- M.Div. Harvard University. The Divinity School. 1994.
Clinical Pastoral Education (CPE) at McLean Psychiatric Hospital, a teaching hospital of Harvard Medical School.
- B. A. Valparaiso University. 1990.
Theology & Psychology.
Hebrew Minor.

Professional Licensure & Certification

- 2011 – present. Certified Cognitive Therapist (CCT) & Diplomate. Academy of Cognitive and Behavioral Therapies.
- 1997 – present. Licensed Independent Clinical Social Worker (LICSW). License # 12199. State of Minnesota.

Academic Appointments

- 2019 - present Associate Professor of Social Work. University of St. Thomas School of Social Work.
- Spring, 2011 Visiting Faculty. University of Utah College of Social Work.
- 2010 – 2019 Associate Professor of Social Work. St. Catherine University & University of St. Thomas. Awarded early tenure and promotion.
- 2004 – 2009 Assistant Professor of Social Work. College of Saint Catherine & University of St. Thomas School of Social Work.

- 2003 Adjunct Faculty. College of St. Catherine & University of St. Thomas.
- 2002 Teaching Assistant. *Psychopathology & Social Work Practice (SW 8051)*.
Graduate social work course. University of Minnesota. Closed circuit course.

Publications:

Book Chapters

- Hunt, S., Ed. (2011). *The library of essays on sexuality & religion: New religions and Spiritualities*. Coming out stories framed as faith narratives or stories of spiritual growth. Ashgate: Ashgate Publishing.
- Roseborough, D. (2004). Conceptions of gay male life-span development: Past and present. In Sullivan, M., Ed. (2004). *Sexual minorities: Discrimination, challenges, and development in America*. Haworth Social Work Press.

Invited Articles

- Roseborough, D. J, Patterson, D. A., & Umbreit, M. (2018). In memoriam: William H. Bradshaw. *Research on Social Work Practice*, 28(3), 392 – 394.
- Roseborough, D.J. (2011). There are some things I don't want to know: Leichsenring & Rabung's long road to the 2008 JAMA report. *Clinical Social Work Journal*, 39(4), 355-61.

Peer Reviewed Articles

- Attridge, M., Morfitt, R., Roseborough, D., & Olson, E. (2020). Internet-delivered digital cognitive behavioral therapy tools for college students with anxiety, depression, social anxiety, or insomnia: Clinical and academic outcomes. *Journal of Medical Internet Research – Formative Research (JMIR-Formative Research)*. Impact factor 4.7.
- Roseborough, et al. (2018). Making and sustaining change from psychotherapy: A mixed methods study. *Journal of Evidence-Informed Social Work*, 15(6), 649 – 675.
doi: 10.1080/23761407.2018.1517069.
- Chovanec, M. G. & Roseborough, D. J. (2016). Examining rates of engagement over time with court-ordered men in a domestic abuse treatment program. *Social Work with Groups*, August, 1 – 14.
- Roseborough, D. J., McLeod, J., & Wright, F. (2016). Attrition in psychotherapy: A survival analysis. *Research on Social Work Practice*, 26(7), 803 – 815.
doi: 10.1177/1049731515569073.
- Roseborough, D. J., Luptak, M., McLeod, J., & Bradshaw, W. (2013). Effectiveness of psychodynamic psychotherapy with older adults: A longitudinal study. *Clinical Gerontologist*, 36, 1 – 16.

- Roseborough, D. J., McLeod, J., & Bradshaw, W. (2012). Psychodynamic psychotherapy: A quantitative, longitudinal perspective. *Research on Social Work Practice, 22*(1), 54 – 67.
- Bradshaw, B., & Roseborough, D. J., & Jordan, J. (2009). Evaluating psychodynamic psychotherapy in a community mental health center. *Journal of the American Academy of Psychoanalysis & Dynamic Psychiatry, 37*(4), 663 – 678.
- Peterson Armour, M., Bradshaw, W., & Roseborough, D. J. (2009). African Americans and recovery from severe mental illness. *Social Work in Mental Health, 6*(7), 602-622.
- Armour, M., Bradshaw, B., & Roseborough, D. J. (2007). Finding a place in the world: The experience of recovery from severe and persistent mental illness. *Qualitative Social Work, 6*(1), 27 – 47.
- Roseborough, D. J. (2006). Coming out stories framed as faith narratives or stories of spiritual growth. *Pastoral Psychology, 55*(1), September, 47 – 59.
- Roseborough, D. J. (2006). Psychodynamic psychotherapy: An effectiveness study. *Research on Social Work Practice, 16*(2), 166 – 175.
- Bradshaw, W., Roseborough, D. J., & Armour, M. (2006). Recovery from severe mental illness: The lived experience of the initial phase of treatment. *International Journal of Psychosocial Rehabilitation, 10*(1), 123 – 131.
- Bradshaw, W., Umbreit, M., & Roseborough, D. (2006). The effect of victim offender mediation on juvenile recidivism: A meta-analysis. *Conflict Resolution Quarterly, 24*(1) Sept., 87 – 98.
- Bradshaw, W. & Roseborough, D. (2005). Restorative justice dialogue: The impact of mediation and conferencing on juvenile recidivism. *Federal Probation, December, 15 – 21.*
- Bradshaw, W. & Roseborough, D. (2005). An empirical review of family group conferencing in juvenile offenses. *Juvenile and Family Court Journal, Fall, 21 – 27.*
- Roseborough, D. J. (2004). Conceptions of gay male life-span development: Past and present. *Journal of Human Behavior in the Social Environment (8)2/3, 29 – 53.*
- Bradshaw, W., & Roseborough, D. J. (2003). Evaluating the effectiveness of cognitive behavioral treatment of residual symptoms and impairment in schizophrenia. *Research on Social Work Practice, 14*(2), 112-120.
- Roseborough, D. (2002). Finding hope: History is not destiny. *PSA Today: A Quarterly Publication of the Psychoanalytic Foundation of Minnesota and the Minnesota Psychoanalytic Society and Institute, (5)3, Sept.*

Peer Reviewer for Journals

Psychology, Health & Medicine. (2017). Routledge Press. Impact factor: 1.50.

Clinical Psychology & Psychotherapy. (2016). Wiley Press. Impact factor: 2.58

Journal of Homosexuality. (2015). Taylor & Francis (Routledge). Impact factor: 0.86

Clinical Psychology: Science & Practice. (2014). Official Journal of the American Psychological Association (APA)'s Division 12 – Division of Clinical Psychology. Impact factor: 3.245.

Pastoral Psychology. (2012). A Princeton Theological Seminary-affiliated journal. Impact factor: .49

Peer Reviewed Conference Papers & Poster Presentations

Posters

Roseborough, et al. (2018, January 14). *Making and sustaining change from psychotherapy: A mixed method study*. Society for Social Work Research (SSWR) 2018 Conference. Washington, DC.

Luptak, M. & Roseborough, D. J. (2015, November 21). *Effectiveness of psychotherapy with older adults: A longitudinal study*. Poster presented at the Gerontological Society of America's 68th Annual Scientific Meeting. Orlando, Florida.

Papers

Roseborough, D. J. (2011, January). *Psychodynamic Psychotherapy: A Quantitative, Longitudinal Perspective*. Fifteenth Annual Society for Social Work and Research (SSWR) International Conference. Tampa, Florida.

Roseborough, D. J. (2007, April). *The Lived Experience of Recovery from Severe Mental Illness (overview)*. Thirteenth Annual Midwest Qualitative Research Conference, hosted by the University of St. Thomas. Minneapolis, Minnesota.

Roseborough, D. J. (2006, January). *Psychodynamic Psychotherapy: An Effectiveness Study*. Tenth Annual Society for Social Work and Research. San Antonio, Texas. 2006.

Roseborough, D. J. (2005). *Evaluating Psychodynamic Psychotherapy Empirically*. 49th Annual Meeting of the American Academy of Psychoanalysis. With Jim Jordan, M.D. Atlanta, Georgia.

Roseborough, D. J. (2005). *Qualitative Research on Client Experiences of Treatment*. Panelist. Ninth Annual Society for Social Work and Research (SSWR) International Conference. Miami, Florida.

Bradshaw, W., & Roseborough, D. J. (2005, January). *The Process of Recovery from Severe and Persistent Mental Illness (end phase)*. Ninth Annual Society for Social Work and Research (SSWR) International Conference. Miami, Florida.

Bradshaw, W. & Roseborough, D. J. (2004, January). *The Lived Experience of Recovery from*

Severe Mental Illness: Middle Phase. Eighth Annual Society for Social Work and Research (SSWR) International Conference. New Orleans.

Roseborough, D. J., Richardson, R., Plessner, C., & Burke, T. (2003). *Evaluating Mental Health Services Empirically*. Association of Community Mental Health Programs. Brainerd, Minnesota.

Bradshaw, W. & Roseborough, D. (2003, January). *The Lived Experience of Recovery from Severe Mental Illness (beginning phase)*. Seventh Annual Society for Social Work and Research International Conference. Washington, D.C.

Invited Seminars, Lectures, & Trainings

Roseborough, D. J. (2021, January 20). Treating generalized anxiety in generally anxious times. Webinar for E-sympro.com Salt Lake City, Utah. (virtual).

Roseborough, D. J. & Hammond, N. (2020, December 2). *Twenty-seven years of research at Hamm Clinic*. Hamm Memorial Psychiatric Clinic. St. Paul, Minnesota. (virtual).

Roseborough, D. J. (2019, November 21). *Non-Religious Conversion: Attempting and Sustaining Major Life Change*. School of Social Work Faculty Salon. University of St. Thomas. St. Paul, Minnesota.

Roseborough, D. J. (2016 - 18, January). *Conceptualizing and Treating Depressive Disorders with Cognitive and Behavioral Activation Strategies*. Hamm Memorial Psychiatric Clinic. St. Paul, Minnesota.

Roseborough, D. J. (2016, September 27). *Conceptualizing and Treating Depressive Disorders with Cognitive and Behavioral Activation Strategies*. Invited lecture for Dr. Chris Vye's Graduate School of Professional Psychology course: *CPSY: 632 Psychopathology*. University of St. Thomas. Minneapolis, Minnesota.

Roseborough, D. J. (2014 - 16). Guest lecturer on *The Use of Multi-Level Modeling and Survival Analysis in Practice Evaluation* for Dr. Nathaniel Nelson's doctoral seminar: *Quantitative Methods of Inquiry (CPSY 702)*. University of St. Thomas. Minneapolis, Minnesota.

Roseborough, D. J. (2014, October 16). *Salon on First Impressions: Outcomes associated with the IPC's Counseling Services*. University of St. Thomas. St. Paul, Minnesota.

Roseborough, D. J. & Darnall, K. (2013 - 15). *Practice Evaluation*. Dr. Salina Renninger's course: *CPSY 710: Contemporary Approaches to Psychotherapy* (Doctoral seminar in Professional Psychology). University of St. Thomas. St. Paul, Minnesota.

Roseborough, D. J. (2011, March 15). *Mixed Method Research: Two Case Examples*. Invited presentation for a University of Utah doctoral seminar. March 15, 2011.

Roseborough, D. J. (2010 – 2016). *Assessing and Treating Anxiety Disorders*. Hamm Memorial Psychiatric Clinic. Invited seminar for graduate training series.

Roseborough, D. J. (2007). *Implementing Cognitive Behavioral Interventions in School Settings*.

Bloomington School District 271 trainings for all social work staff on applying a treatment manual to a school setting.

Roseborough, D. J. (2007, August). *Understanding and Using the Outcome Questionnaire (OQ 45.2)*. Agency training for the Individual & Family Counseling Program at Children's Home Society and Family Service, Inc.

Roseborough, D. J. (2006, February). *Psychodynamic Psychotherapy: An Effectiveness Study*. Clinic-wide presentation at Hamm Memorial Psychiatric Clinic for: staff, board of directors, and Health Partners administrator. February, 2006.

Roseborough, D. J. (2003 – 2006). *Resilience*. Invited lecture offered at the University of Minnesota School of Social Work for a course titled, "Child Abuse and Neglect: Prevention and Intervention" (SW 3402).

Roseborough, D. J. & Jordan, J. J. (2002, June 1). *Attachment: Clinical & Spiritual Implications*. Mental Health, Spiritual Development, & the Arts Conference. May 30 – June 1, 2002. St. John's University. St. Joseph, Minnesota.

Roseborough, D. J. (2001, April 9). *Combining Cognitive Behavioral and Psychodynamic Approaches to Therapy*. Hamm Clinic seminar.

Roseborough, D. J. (2000 – 2001). *Listening*. A new intern orientation for psychiatry residents, social work and psychology students at Hamm Clinic.

Roseborough, D. J. (1999 – 2001, March). *Clinical Work with Dreams*. Hamm Clinic seminar.

Roseborough, D. J. & Godinez, E. (2000). *When Clients Raise Spiritual or Religious Questions in Therapy*. Hamm Clinic In-service.

Peer Reviewed Conference Presentations

Roseborough, D. (2009, April 28). *Cognitive Behavioral Treatment of Depression Groups in a Secondary School Setting*. Minnesota Association for Children's Mental Health (MACMH). Duluth, Minnesota.

Roseborough, D. J. (2000). *Meeting the Mental Health Needs of Gay & Lesbian Adolescents*. Child & Adolescent Mental Health Conference. St. Cloud, Minnesota.

Roseborough, D. J. (1995). *Forgiving an old Friend: Religious History as an Obstacle to Recovery*. National Lesbian & Gay Healthcare Conference. Minneapolis, Minnesota.

Clinical Experience

People, Incorporated. Mental Health Professional (Clinical Social Worker & Psychotherapist). January, 2012 –February, 2017.

Children's Home Society & Family Service, Inc. Psychotherapist, field instructor, and employee assistance program (EAP) provider. 1998-2001; 2003-2012.

Hamm Memorial Psychiatric Clinic. Primary Therapist (therapy, teaching, supervision) 1998-01. Minneapolis Medical Research Foundation/HCMC. HIV/AIDS lead case manager. 1996-1998.

Hennepin County Department of Health. Community health educator. 1996-97.
Hamm Memorial Psychiatric Clinic. Clinical social work intern. 1995-96.
Pride Institute (LGBT chemical dependency treatment program). Social work intern. 1994-1995.
Mission Hill Hospice (for people with AIDS). Spiritual care internship. 1993-1994.
McLean Psychiatric Hospital (A teaching hospital of Harvard Medical School). Clinical Pastoral Education (CPE). 1992 – 1993.

Research/Consulting Experience

Clinical Outcome Research Committee (CORC) at Hamm Clinic. 2014 – present.
Research consultant for Hamm Memorial Psychiatric Clinic. 2002 – present.
Research consultant for the Bloomington School District Social Workers. 2007 – 2010.
Research consultant for The Naming Project. (LGBT Youth Spirituality Group). 2004 – 2006.
Research assistant for Bill Bradshaw, Ph.D., Professor of Social Work. University of Minnesota. 2002 – 2004.
Research assistant to Dr. Mari Ann Graham in support of her doctoral dissertation (discourse analysis). 1999.
Assisted Dr. Wong (Harvard Medical School psychiatrist) in quantifying spirituality for her study. 1992-93.

Grants/Fellowships/Scholarships

Templeton Foundation. *Building Spiritual Strength: Identifying Mechanisms of Action and Expanding to New Populations*. Educational partner with PI at Veterans' Administration. Letter of Intent. March 24, 2017. Not funded.
Faculty Research Grant. Faculty Development. University of St. Thomas. 2014. 4,700.00
William T. Grant Foundation. 350,000. Unfunded.
The Beck Institute Scholarship recipient (one of ten out of 880 applicants). June 6-8, 2010. 1,200.
“Psychodynamic psychotherapy: a Quantitative, longitudinal perspective.” The American Psychoanalytic Association (APSA). Fund for Psychoanalytic Research. September 1, 2008 – August 31, 2010. \$ 37,218.00
Lilly Endowment “Faith and the Professions” grant recipient for bridge course. \$4,200. 2006.
National Institute of Mental Health Predoctoral Fellowship (F-31) applied for which was reviewed and scored in the 80th percentile overall. 2003.

Academic Awards

Rising Alumni. College of Education & Human Development. University of Minnesota. 2017.
Exemplars. My research with Hamm Clinic was featured in the first issue of this university-wide publication featuring exemplary, leading research from within the broader university. 2011.
Nominated for the university-wide John Ireland Award for Outstanding Achievement as a teacher & scholar. 2008 & 2011.
Summa cum laude. Valparaiso University. 1990.

Doctoral Program Advising

Britt Rhodes. Banded Dissertation Advisor. 2015 – 2017. DSW Program
Juliette Liesinger. Doctoral project committee member. 2015 – 2017. Psy.D. program.

University Service

University of St. Thomas Graduate Curriculum Committee (GCC). Member. 2015 - present.
University of St. Thomas Integrated Health & Wellness Committee. University strategic planning task force. Member. 2015 – 2016.
University of St. Thomas School of Social Work Faculty Evaluation Committee. 2015 – present.
DSW Faculty Search Committee. St. Catherine University and University of St. Thomas School of Social Work. Member. Spring, 2016.
University of St. Thomas. Chair of School of Social Work’s Tenure & Promotion Committee. 2011 – 2015. Member 2011 – present.
University of St. Thomas. Ad Hoc Committee on Multi-Year Evaluation for Tenured Faculty. 2013 –2015.
University of Utah MSW Program Advisory Committee. Invited member. 2011.
University of St. Thomas Fringe Benefits Advisory Committee member. 2011 – 2015.
School of Social Work Assessment Committee member. 2010 – present.
University Ad Hoc Committee on Clinical Faculty. Member. 2010 – 2012.
Co-chair of the Advanced Clinical Practice Institute. 2010 – present.
Organized, co-sponsored conference with Boston University on “Spirituality & Psychotherapy” with the University of St. Thomas School of Professional Psychology. 2006 - 2007.
University Academic Assessment Committee. 2007 – 2009.
University Grievance Committee member. 2005 – 2009 Chair. 2007 – 2009.
Co-authored “Educational Outcome Study”. 2004. Lead author from 2005 to 2008.
Practice, Research, HBSE, and Field Seminar content area committees. 2004 – present
Graduate MSW Admissions Committee. 2004 to 2007, 2009 - 2011. 2014 – 2017.
Faculty advisor. 2005 – present.
Recruitment and Retention Advisory Group. 2004
Doctoral Program Feasibility Working Group. 2004 – 05.
Supervised research assistant: Tessa Antilla. 2004 – 06, Bethany Almos. 2007. Florence Wright. 2013 – 14.
Faculty Search Committee member. University of St. Thomas. 1996, 2006, 2009, 2017

Service to the Profession

Member. CSWE national working group charged with the task of defining clinical social work and its associated competencies for EPAS 2008. Alexandria, Virginia. 2009.

Professional Memberships

Academy of Cognitive Therapy (ACT)
Society for Social Work & Research (SSWR)
Council on Social Work Education (CSWE)
Minnesota Society for Clinical Social Work (MSCSW)

Graduate Courses Designed & Taught

GRSW 618: Cognitive Interventions in Clinical practice (Hybrid course conversion).
DRSW 726: Writing for Publication (Online doctoral course – designed and taught).
SW 6622: Cognitive Behavioral Therapy. (Spring, 2011 – University of Utah).
GRSW 618: Cognitive Interventions in Clinical Practice
SW 8051: Psychopathology and Social Work Practice

GRSW 645: Psychopathology and Human Behavior
GRSW 603: Methods in Clinical Social Work I
GRSW 604: Methods in Clinical Social Work II
GRSW 681: Social Work Practice Research
GRSW 607: Field Education Seminar (graduate, clinical)
GRSW 608: Field Education Seminar (graduate, clinical)
GRSW 682: Applied Research Seminar (graduate clinical research paper seminar, supervising
100 + original, IRB-approved research projects)

Undergraduate Courses Designed & Taught

SOWK 390: Faith, Social Transformation, & Social Work (Spring, 2007 & 2008).
IDSC 480: Nobel Peace Prize Laureates. (Honors seminar). Fall, 2009 & 2010.

Impact (Articles Cited in Books and Course Texts)

Pomerantz, A. M. (2010). *Clinical psychology: Science, practice, and culture, 2nd Ed.*. NY: Sage. Includes my 2006 article on psychodynamic psychotherapy in its online student study guide.

Bloom's *Evaluating Practice* (2009). Boston: Pearson. Cited Bradshaw & Roseborough (2003) in ch. 13.

Walsh, Froma (2009). *Spiritual resources in family therapy, 2nd Ed.* NY: Guilford Press. Cited Roseborough (2006) "Coming out stories framed as faith narratives."

Cormier, S., Nurius, P. & Osborn, C. (2009). *Interviewing and change strategies for helpers: Fundamental skills and cognitive-behavioral interventions (instructor's ed., 6th ed.)*. Brookes/Cole. Cited Roseborough (2006) "Psychodynamic psychotherapy."