

TIMOTHY BALKE, PH.D.

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HIGHLIGHTS OF QUALIFICATIONS

- Current Director of the MA and Certificate Programs in the Graduate School of Professional Psychology (GSPP) at the University of St. Thomas (UST)
 - Current instructor of the following required MA Program courses in the GSPP: *Introduction to Marriage and Family Psychology; Basic Counseling Skills; Introduction to Group Psychotherapy*
 - Since 1997, Licensed as a Psychologist in the state of Minnesota
 - Since 1999, provide family, couple, and individual therapy to children, adolescents, and adults in my individually-owned, private practice
 - Since 2000, co-facilitate a weekly men's psychotherapy group in my private practice
 - Former Director of Practica, the Graduate School of Professional Psychology (GSPP) at the UST
 - Former Adjunct Professor in the GSPP at the University of St. Thomas
 - Former Adjunct Professor in the Doctor of Psychology (PsyD) Program at the Minnesota School of Professional Psychology (MSPP) at Argosy University
 - Former Adjunct Program Assistant Professor in the COAMFT-accredited, Marriage and Family Therapy (MFT) Graduate Program at St. Mary's University of Minnesota, Twin Cities
 - Ph.D. Degree: Department of Family Social Science at the University of Minnesota (U of MN)
 - MA Degree: Department of Counseling and Student Personnel Psychology at the U of MN
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EDUCATION

- Doctor of Philosophy** 1997
Department of Family Social Science, University of Minnesota, St. Paul, MN
- Emphases: Individual, Couple, and Family Assessment and Therapy; Family Policy
 - Ph.D. Thesis: *The Perceptions of the Roles of Birthfathers in Adoption: A New Zealand Perspective*
- Master of Arts** 1993
Counseling and Student Personnel Psychology, University of Minnesota, Minneapolis, MN
- Emphases: Individual, Couple, and Family Therapy; Bio-Adoptive Families
- Additional Graduate Coursework**
- University of Minnesota, Minneapolis, MN 9/90 – 6/91
- Completed prerequisite upper-level psychology courses for graduate school applications
- Rensselaer Polytechnic Institute, Troy, NY 9/87 – 2/88
- Enrolled in M.S. Aeronautical Engineering program; completed one semester
- Bachelor of Science** 1987
Aerospace Engineering and Mechanics, University of Minnesota, Minneapolis, MN

LICENSURE

Licensed as a Psychologist (LP3763) in the State of Minnesota since September 1997
Renewed every other year. Expiration Date: September 30, 2025

ADMINISTRATION

Director of MA and Certificate Programs, Clinical Faculty 1/1/12 – Present
 Graduate School of Professional Psychology (GSPP) within the College of Education, Leadership, and Counseling, (CELC), University of St. Thomas, Minneapolis, MN

- Manage the admissions and other academic processes for the MA Program in Counseling Psychology, Family Psychology and Co-Occurring Disorders Concentrations, and Counseling Licensure Program (CLiP) in the GSPP
- Co-consult with the Chair of the GSPP regarding scheduling of courses within the MA, Family Psychology and Co-Occurring Disorders Concentrations, and CLiP Programs and hiring of faculty for each of these programs
- Provide responsive consultation, support, and guidance to FT and adjunct faculty, students, and staff within GSPP, the CELC, and to practicum site supervisors
- Discuss and resolve GSPP program and student issues in weekly meetings with the Chair of the GSPP, the Director of Training of the PsyD program in the GSPP, and the Director of Psychological Services at the Interprofessional Center (IPC) for Counseling and Legal Services
- Address program and student issues individually and collectively with the entire GSPP faculty
- Lead the monthly meetings for FT and adjunct faculty practicum supervisors
- Contribute as a member of the Advisory Boards for the IPC and Family Studies Program
- Offer information and guidance regarding mental health careers and licensure to prospective and current students in and graduates from the GSPP
- Coordinate on-campus presentations by the current Executive Directors of the Minnesota Board of Marriage and Family Therapy and of the Board of Behavioral Health and Therapy
- Collaborate with other Directors of Graduate Counseling, MFT, and Co-Occurring Disorders programs in the Twin Cities
- Elected as a Board member of the Council of Master's in Counseling Training Programs (CMCTP), a national organization comprised of Program Directors from around the U.S. and who work to create the standards in training and education of MA-level counselors.

Director of Practica, Distinguished Service Faculty 1/1/11 – 12/31/11
 Graduate School of Professional Psychology (GSPP), University of St. Thomas, Minneapolis, MN

- Managed the day-to-day operations of the Practicum program for the PsyD and MA students
- Provided responsive consultation, support, and guidance to faculty, students, and staff within the GSPP, within the College of Education, Leadership, and Counseling (CELC), and with practicum site supervisors
- Discussed and resolved program and student issues in weekly meetings with the Associate Dean of CELC, the Director of Training for the PsyD program, the Director of MA and Certificate Programs, and the Director of Psychological Services at the IPC
- Addressed program and student issues individually and collectively with the GSPP faculty
- Led the monthly meetings for FT and adjunct faculty practicum supervisors
- Contributed as a member of the IPC Advisory and CAPS Field Experience Committees
- Monitored and collected PsyD student outcome data and evaluations for APA accreditation
- Offered information and guidance regarding licensure to pre- and post-degree GSPP students
- Coordinated on-campus presentations by the current chair of the Minnesota Board of Marriage and Family Therapy and the former chair of the Board of Behavioral Health and Therapy
- Collaborated with other Directors of Graduate Psychology and MFT programs in the Twin Cities

Coordinator, *Father to Father* Program 7/1/94 – 12/15/94, 3/31/95 – 9/1/96
Children, Youth, and Family Consortium, University of Minnesota, St. Paul, MN

- Assisted the *Father to Father* Board of Directors, of which (then) Vice President Al Gore was the Honorary Chair
- Provided consultation to coordinators of programs designed for fathers and their families
- Managed *FatherNet*, a web-based resource clearinghouse for parents and service workers
- Spoke at a news conference in Washington, D.C. to kickoff the national *Father to Father* program, at which (then) Vice President Al Gore was in attendance
- Helped organize *Father to Father* national conferences in Nashville, TN and Chicago, IL

Administrative Fellow 9/1/93 – /31/95
Department of Family Social Science, University of Minnesota, St. Paul, MN

- Acted as Editor of *Interactions*, the Department of Family Social Science newsletter
- Established professional contacts who were (co)authors of articles for *Interactions*
- Served as a graduate student representative to the Department's Curriculum Committee

TEACHING AND RESEARCH

Clinical Faculty 1/1/12 – Present
Graduate School of Professional Psychology, University of St. Thomas, Minneapolis, MN

- Provide instruction to MA students who are enrolled in the required course, CPSY 650: *Introduction to Marriage and Family Psychology*
- Provide instruction to MA students enrolled in the required course, CPSY 606: *Basic Counseling Skills*
- Provide instruction to MA students enrolled in the required course, CPSY 603: *Introduction to Group Psychotherapy*.
- Provide consultation to MA and PsyD practicum students enrolled in CPSY 699: *Counseling Practicum*

Distinguished Service Faculty, Clinical Faculty 1/1/11 – 12/31/11
Graduate School of Professional Psychology, University of St. Thomas, Minneapolis, MN

- Provided instruction to MA students enrolled in the required course, CPSY 650: *Introduction to Marriage and Family Psychology*
- Provided consultation to MA Psychology practicum students who were enrolled in CPSY 610: *Counseling Practicum III* during J-term, 2011
- Provided consultation to PsyD practicum students who were enrolled in CPSY 699: *Counseling Practicum*

Adjunct Professor 9/1/10-12/31/10
Graduate School of Professional Psychology, University of St. Thomas, Minneapolis, MN

- Provided instruction to MA Psychology and Family Concentration students enrolled in CPSY 650: *Introduction to Marriage and Family Psychology* during Fall Semester, 2010

Adjunct Program Assistant Professor 9/1/05 – 5/31/11
COAMFTE-accredited MFT Program, St. Mary's University of Minnesota, Minneapolis, MN

- Provided instruction to MFT students for *Advanced Family Therapy* course during these

semesters: Fall, 2005; Spring, Summer, Fall, 2006; Spring, Fall, 2007; Spring, Summer, Fall, 2008; Spring, Summer, Fall, 2009; Spring, Summer, Fall, 2010; Spring, 2011

Adjunct Professor

5/05 – 8/10

PsyD Program in Clinical Psychology, Argosy University, Eagan, MN

- Instructed PsyD students enrolled in the *Systems Theory and Therapy* course during every summer, fall, and spring semesters
- Instructed PsyD students enrolled in the *Psychodynamic Theory and Therapy* course during the following semester: Summer, 2010
- Selected by PsyD students to advise them on their Clinical Research Projects

Adjunct Professor

Summer 2006

Graduate School of Professional Psychology, University of St. Thomas, Minneapolis, MN

- Instructed MA Psychology and Family Concentration students enrolled in CPSY 648: *Family Dynamics* during Summer Semester, 2006

Instructor

January, 1999

Connect US-Russia, Chisinau, Moldova

- Instructed psychologists, social workers, and other health care professionals from Moldova on the practice of working with perpetrators and victims of domestic violence

Instructor

December, 1997

Connect US-Russia, Arzamus, Russia

- Instructed psychologists, social workers, and other health care professionals from Russia on the practice of working with perpetrators and victims of domestic violence

Research Coordinator

1/95 - 3/95

Department of Social Welfare (DSW), Wellington, New Zealand

- Organized and conducted all qualitative interviews for my Ph.D. dissertation
- Provided the social and case workers at the DSW with the findings from my research

Graduate Research Assistant

10/91 – 9/95

Department of Family Social Science, University of Minnesota, St. Paul, MN

- Coordinated data collection for the Minnesota/Texas Adoption Research Project
- Acted as a mentor to high school teachers involved in the Research Project

Graduate Teaching Assistant

3/93 – 6/93

Counseling and Student Personnel Psychology, University of Minnesota, Minneapolis, MN

- Assisted in the preparation and instruction of group theory and skills classes to MA students and provided written and verbal feedback to the students

CLINICAL EXPERIENCE**Licensed Psychologist**

Private Practice, Edina, MN

3/99 – Present

- Provide family, couple, and individual therapy to children, adolescents, and adults

- Co-facilitate a weekly, psychotherapy group for men who are managing mental health, life transition, and relationship issues
- Provide community and school lectures on mental health topics and treatment modalities

Licensed Psychologist

Private Practice, Well-Family Clinic, St. Paul, MN 3/99 – 9/99

- Provided family, couple, and individual therapy to children, adolescents, and adults
- Gave lectures to Early Childhood Family Education teachers on children's mental health

Therapist and Licensed Psychologist

11/96-9/97 and 9/97 – 3/99

Family and Children's Service, Bloomington, MN

- Provided family, couple, and individual therapy to children, adolescents, and adults
- Co-facilitated groups for men who had been physically abusive to their female partners
- Co-facilitated groups for adolescent boys who had been abusive to family members
- Presented lectures to middle and high school students on domestic violence, anger management, and healthy relationships

Practicum Student and Therapist

9/92 – 10/93 and 10/95 – 11/96

Pyramid Counseling Center, Minnetonka, MN

- Provided individual, couple, and family psychotherapy to children, adolescents, and adults
- Co-facilitated groups for men who had been physically abusive to their female partners

Psychiatric Assistant

12/90 – 8/92

University of Minnesota Hospitals, Minneapolis, MN

- Provided appropriate care to patients on the adolescent and adult inpatient psychiatric units

OTHER PROFESSIONAL EXPERIENCE**Psychological Practice Consultant**

1998-2004

Connect US-Russia, Minneapolis, MN

- Assisted political leaders, judges, and social service providers from Russia and Moldova in developing programs to address domestic violence in their own countries

Evaluation Consultant

6/94 – 9/94

Center for Urban and Regional Affairs, University of Minnesota, Minneapolis, MN

- Conducted program evaluations at Center School, an alternative high school for at-risk Native American youth, submitting the findings to Minnesota Department of Education

Product Manager

1/90 – 9/90

FL Aerospace Corporation, Urbana, OH

- Developed and presented product plans and budgets to customers and company leaders

Trajectory and Performance Intern and Engineer

1/85-6/85 and 3/88 – 1/90

General Dynamics Corporation, San Diego, CA

- Supported launch vehicle and satellite integration as an aerospace engineering intern and primary mission engineer

VOLUNTEER EXPERIENCE

- Licensed Psychologist** 10/06 – Present
 Normandale Community College, Bloomington, MN
- Volunteer annually on National Depression Screening Day
 - Provide one-on-one assessment sessions and a list of community resources for staff and students who may be experiencing anxiety, depression, and/or bipolar disorders
- Facilitator**, Soul Matters Circle Group 2/2018 –5/2018
 First Universalist Church, Minneapolis, MN
- Facilitated a group for adults exploring specific themes related to spiritual development
- Youth Cultural Exchange (YCE)** 9/2009-2016
 First Universalist Church, Minneapolis, MN
- Acted as one of the adult leaders, assisting the youth in team building activities, fundraising, and social service projects in Minnesota and Nicaragua
 - Acted as an adult chaperone in summer, 2011 and summer, 2014, for nine and twelve youth, respectively who traveled to and lived with families in Nicaragua for two weeks
- Committee Member on Committee on Ministry** 9/2013-2016
 Minneapolis, MN
- Act as one of six committee members on a Committee on Ministry (COM) for a future-ordained chaplain minister working with Allina in the areas of palliative care and hospice
- Trustee** 7/08 – 1/11
 First Universalist Church, Minneapolis, MN
- Served as one of twelve trustees on the Board of Trustees
 - Provided consultative psychological services to the trustees, ministers, and staff of the church regarding some members' mental illnesses and how to respond to and help them
- Co-Coordinator** 10/05 - 12/08
 Hale Elementary School, Minneapolis, MN
- Co-founded and co-coordinated *Hale Holiday Helpers*, which annually provides holiday gifts and assistance to approximately 130-150 children in 37-50 families living in poverty
 - Raised over \$2,500 over three years from area businesses and collected numerous donations of gifts and gift certificates for the *Hale Holiday Helpers* Program
- Facilitator** 11/02
 Center for Grief, Loss, and Transition, St. Paul, MN
- Co-facilitated a grief support group following the deaths of Paul and Sheila Wellstone
- Co-Coordinator** 4/95
 Department of Family Social Science, University of Minnesota, St. Paul, MN
- Co-organized poster sessions and presentations for Research Symposium on Child and Family Issues. Participants were students and faculty from the University of Minnesota, North Dakota State University, and the University of Manitoba, Winnipeg.

Volunteer

6/94

Adoptive Families Together Conference, St. Paul, MN

- Assisted organizer (Adoptive Families of America) of and presenters at the conference

Counselor

1/92 – 10/92

The Bridge for Runaway Youth, Minneapolis, MN

- Provided on-site and telephonic crisis counseling to youth and their families
- Co-led adolescent group therapy, psycho-educational sessions, and peer group meetings

PUBLICATIONSThe Perceptions of the Roles of Birthfathers in Adoption: A New Zealand Perspective. (1997)

Unpublished dissertation. University of Minnesota, St. Paul, MN.

Outreach: Where Families and Family Social Science Meet. (1995). *Interactions*: Newsletter of the Department of Family Social Science, 6(2). St. Paul, MN.Birthfathers Standing Up for Rights. (1995). *Focus*: The Monthly Staff Magazine of the New Zealand Children & Young Persons Service, 23, January/February. Wellington, New Zealand.A Stepping Stone. (1995). *Mothers' Networking News*, 1(1), January. Eagan, MN: Rosemary Court Publications.Family Social Science: Past, Present, and Future. (1995). *Interactions*: Newsletter of the Department of Family Social Science, 6(1). St. Paul, MN.Evaluation of the Post-Secondary Preparation Program of Center School, Inc. (1994). Center for Urban and Regional Affairs report submitted to the Minnesota Department of Education, September 15. University of Minnesota.Evaluation of the Chemical Dependency Prevention Program of Center School, Inc. (1994). Center for Urban and Regional Affairs report submitted to the Minnesota Department of Education, September 15. University of Minnesota.How fathers care for the next generation. (1994). *Child Development Abstracts and Bibliography*, 68(3), pp. 90-91. Book notice based on the book (with the same title) by Snarey, J.R. (1993). Cambridge, MA: Harvard University Press.Widening the Lens on Children, Youth, and Families. (1994). *Interactions*: Newsletter of the Department of Family Social Science, 5(2). St. Paul, MN.Values. (1994). *Interactions*: Newsletter of the Department of Family Social Science, 5(1). St. Paul, MN.

PRESENTATIONS

Men and Vulnerability. April 20, 2018. Co-Presenter at annual conference of the Minnesota Psychological Association (MPA). Plymouth, MN.

Building Listening and Empathy Skills. July 20 and 27, 2017. Co-Presenter to financial advisors and upper-level management at Ameriprise Financial. Las Vegas, NV and Minneapolis, MN.

Join the Conversation on Breaking the Silence of Mental Illness: Considering Cultural Perspectives. April 21, 2016. Co-presenter to students, faculty, and staff at the University of St. Thomas (UST) and middle and high school teachers from area school districts. UST, St. Paul, MN.

Communications and Connections Among MA-Level Programs in Counseling. Council of Masters in Counseling Training Programs (CMCTP) Conference. February, 2016. Ashville, NC.

Talking with Educators Mental Health: Listen, Observe, Understand, Empathize, Express & Encourage - LOUE³. April 28, 2014. Co-presenter. Minnesota Association of Children's Mental Health (MACMH) conference, Duluth, MN.

Early Signs of Mental Illness: Education for Everyone. April 10, 2013. Co-presenter to students, faculty, and staff at the University of St. Thomas (UST) and middle and high school teachers from area school districts. UST, St. Paul, MN.

Group Psychotherapy Skills. Every fall and summer semesters since 2010. Co-presenter in an MA group therapy course in the GSPP at the University of St. Thomas, Minneapolis, MN.

Anxiety and Teenagers: Individual and Systemic Influences and Treatment Approaches. December 8, 2008. Eden Prairie High School, Eden Prairie, MN.

Monitoring the Emotional Development of Your Teenager. January 29, 2008. Lake Harriet Middle School, Minneapolis, MN.

Biological and Environmental Influences on Teenagers: How to Help Teens and Their Parents. February 19, 2007. Graduate level psychopathology course in Counseling and Student Personnel Psychology, University of Minnesota.

Depression in Teenagers: What's Normal and What's a Concern. February 23, 2006. Resource Training Institute, St. Cloud, MN.

The Emotional Development of Teenagers. February 21, 2005. Graduate psychopathology course in Counseling and Student Personnel Psychology, University of Minnesota, Minneapolis.

The Emotional Development of Teenagers. February 3, 2005. Christ Presbyterian, Edina, MN.

Self-Care as a Therapist in Private Practice. April 11, 2003. MA Basic Skills course in GSPP, the University of St. Thomas, Minneapolis, MN.

Characteristics of Men Who Batter. February 9, 2001. University of Minnesota Medical School, Minneapolis, MN.

Therapy Strategies in Working with Men Who Are Violent. August 15, 2000. WomanKind of Fairview Southdale Hospital, Edina, MN.

Angry and Aggressive Children in the Preschool Classroom. October 18, 1999. Early Childhood Family Education and St. Paul Rehabilitation Center, New Brighton, MN.

Dealing with Children Who Act Out in Sexual Ways. June 28, 1999. Early Childhood Family Education and St. Paul Rehabilitation Center, St. Paul, MN.

Working with Angry and Aggressive Children. May 11, 1999. St. Paul Rehabilitation Center and The Well-Family Clinic, St. Paul, MN.

Counseling Men Who Have Abused Their Female Partners. January 20, 1998. Womankind's 1998 volunteer advocate training, Edina, MN.

The Perceptions of the Roles of Birthfathers in Adoption: A New Zealand Perspective. March 20, 1997. Continuing Education and Extension (CEE). Earle Brown Center, University of Minnesota, St. Paul, MN.

Experiences of an Expectant Father. January 23, 1997. In Parenthood course taught by the Department of Family Social Science. University of Minnesota, St. Paul, MN.

The Perceptions of the Roles of Birthfathers in Adoption: A New Zealand Perspective. November 19, 1996. Department of Family Social Science. U of MN, St. Paul, MN.

National Father-to-Father Program and FatherNet. July, 1996. "Family File" segment that aired on KMSP/Channel 9, a local news station. Minneapolis, MN.

Celebrating Fatherhood: A Family Building Forum for Dads and Kids. June 15, 1996. Sponsored by the Fathers' Resource Center, University of St. Thomas, Turn Off the Violence, and Attorney General Hubert H. Humphrey III. University of St. Thomas, St. Paul, MN.

Responsible Fatherhood: Theoretical and Practical Considerations. May 8, 1996. Colloquium sponsored by Family Social Science, U of MN, St. Paul. U of MN, St. Paul, MN.

Conducting Research Abroad: Lessons and Experiences. January 24, 1996. Colloquium sponsored by Family Social Science, U of MN, St. Paul, MN. St. Paul, MN.

The Standards of Good Fathering. December 7, 1995. Minnesota Council on Family Relations (MCFR) Annual Meeting. Earle Brown Center, U of MN, St. Paul, MN.

Celebrating Fatherhood: A Family Building Forum for Dads and Kids. June 17, 1995. Sponsored by the Fathers' Resource Center, University of St. Thomas, Turn Off the Violence, and Attorney General Hubert H. Humphrey III. University of St. Thomas, St. Paul, MN.

Father to Father National Press Conference. June 13, 1995. Kickoff of the National Father to Father initiative. Moderated by Vice President Al Gore. The White House, Washington, D.C.

What Is Cutting Edge Research? May 17, 1995. Colloquium sponsored by Family Social Science, U of MN, St. Paul, MN. St. Paul, MN.

Reaction to the Search Institute Adoption Study. October 11, 1994. Sponsored by Resources for Adoptive Parents. North-end Multi-Service Center, St. Paul, MN.

Second Annual Research Symposium on Child and Family Issues. April 21-23, 1994. Sponsored by Family Social Science, U of MN, St. Paul, MN; Child Development and Family Studies, North Dakota State University (NDSU), Fargo, ND; the Department of Family Studies, University of Manitoba, Winnipeg. Presentations made: *Fathering Practices and Roles Among American Indian Fathers in Minnesota*, *Bio-Adoptive Families: Achieving and Maintaining a Delicate Balance*. NDSU, Fargo, ND.

Four Studies from the Minnesota/Texas Adoption Research Project. February 9, 1994. Colloquium sponsored by Family Social Science, University of Minnesota, St. Paul, MN.

PROFESSIONAL DEVELOPMENT

Diversity, Equity and Inclusion in the Online Context. Monday, April 20, 2020. University of St. Thomas, St. Paul, MN. Online media.

Townhall on Anti-Asian Racism: Race, Struggle and Solidarity in the Time of A Global Pandemic. March 28, 2020. The People's Collective for Justice and Liberation. Online media.

American Psychological Annual Conference. August 8-11, 2019. Chicago, IL.

Council of Master's in Counseling Training Programs (CMCTP). March, 2017. Puerto Rico.

Mindful Meditation in Teaching and Advising. Faculty Development Seminar, University of St. Thomas. St. Paul, MN. June, 2016.

Ashoka Exchange. New Orleans, LA. February, 2016.

Council of Masters in Counseling Training Programs (CMCTP). February, 2016. Asheville, NC.

Council of Masters in Counseling Training Programs (CMCTP) Inaugural Meeting. February, 2015. San Diego, CA.

National Multicultural Conference and Summit. January, 2015. Atlanta, GA.

Convening on Racial Equity Workshops. August, 2014. Sponsored by Met Council of Twin Cities.

American Counseling Association Conference. March-April, 2014. Honolulu, HI.

Diverse Voices in the Classroom, March 7, 2014. University of St. Thomas.

Evolution of Psychotherapy Conference. December, 2013.

Emotionally-Focused Couples Therapy, Coordinator of livestream webinar with Dr. Sue Johnson.
October, 2013.

National Multicultural Conference and Summit. January, 2013. Houston, TX.

Toxic Anger. August 19, 2010. Premier Education Solutions, Inc. (PESI). Roseville, MN.

Children, Families, and Trauma: A Relational Approach. April 23, 2010. Minnesota Association of Marriage and Family Therapy (MAMFT) Spring Conference. Bloomington, MN.

A Racial Justice Training. March 6, 2010. The Joint Congregational Team of Greater Friendship Missionary Baptist Church & First Universalist Church and The Organizing Apprenticeship Project. Minneapolis, MN.

Searching the Digital Library. September 2, 2009. St. Mary's University of Minnesota, Minneapolis, MN.

Ethics and Diversity: Working Ethically and Effectively in Psychotherapy. May 1, 2009. Hamm Clinic. St. Paul, MN.

HIPAA Basics for the Soon-to-be Electronic Practice. March 6, 2009. Metropolitan State University and Minnesota Psychological Association. St. Paul, MN.

Mental Health and Human Services Fair. March 4, 2009. Normandale Community College.

Unlocking Impasses in Couple Therapy. May 2, 2008. R. Cassidy Seminars. Minneapolis, MN.

How Can I Forgive You? A Radical Approach to Healing Intimate Wounds. April 27, 2007.
Minnesota Association of Marriage and Family Therapy, Bloomington, MN.

National Council on Family Relations Annual Conference. November 10, 2006. National Council on Family Relations. Minneapolis, MN.

New Rules of Psychology: Behaving Ethically in the 21st Century. October 28, 2005. Argosy University, Eagan, MN.

Why Do They Act That Way? A Survival Guide to the Adolescent Brain. September 17, 2004. Fairview Health Services. Brooklyn Park, MN.

Angry and Resistant Children and Adolescents. May 14, 2004. Dr. James M. Bell Training Institute. Minneapolis, MN.

Transforming Heartache into Love: Using the Therapeutic Alliance with Couples. February 13, 2004. Century College. White Bear Lake, MN.

Building Success in Youth. September 25, 2003. Minnesota Youth Intervention Programs Association.

Speaking the Unspeakable: Ethical Perspectives on Sex, Money, Power, Rage, and Other Difficult Topics in Psychotherapy. April 25, 2003. MAMFT. Bloomington, MN.

Asperger's Syndrome. November 8, 2002. Century College. White Bear Lake, MN.

Anxiety in Children and Teens: Prevention and Treatment. October 10, 2002. Century College. White Bear Lake, MN.

Professional Pitfalls: Legal and Ethical Issues Facing Minnesota Psychologists. May 31, 2002. Minnesota Psychological Association. St. Paul, MN.

After the Affair: Helping Couples Rebuild Trust and Sexual Intimacy and consider Forgiveness. February 8, 2002. Institute for the Advancement of Human Behavior. St. Paul, MN.

Understanding Craving: Managing the Physiology and Psychology of Compulsive Behavior. June 21, 2001. Rhea Jacobson Management. Minneapolis, MN.

Sexual Impulse Control Problems II: Therapy. January 5, 2001. Minnesota Psychological Association. St. Paul, MN.

National Council on Family Relations Annual Conference. November 13, 2000. National Council on Family Relations. Minneapolis, MN

Play Therapy with Angry Children. May 8, 2000. Family Enhancement and Play Therapy Center. Bloomington, MN.

Meaning Reconstruction and the Experience of Loss. March 23, 2000. St. Mary's/Duluth Clinic Health System. Duluth, MN.

Post-Traumatic Play Therapy. May 17, 1999. The Family Enhancement and Play Therapy Center. Bloomington, MN.

Everything You Want to Know About Medications For Children and Adolescents with Severe Emotional Disturbance. April 29, 1999. Hennepin Children's Mental Health Collaborative.

Brooklyn Park, MN.

Counseling In-service on The Compassion Workshop: A Model for Working with Men Who Are Abusive. March 18, 1999. Family and Children's Service, Minneapolis, MN.

Counseling In-service on Cognitive-Behavioral Treatment of Panic Disorders and Generalized Anxiety. December 17, 1998. Family and Children's Service, Minneapolis, MN.

Developing Emotional Intelligence in Men and Boys. October 13, 1998. Minnesota Council on Family Relations, University of Minnesota (U of MN), St. Paul, MN.

Developing and Implementing a Strategic Plan to Eliminate Racism. October 9, 1998. Family and Children's Service, Minneapolis, MN.

Counseling In-service on Using Prepare/Enrich Inventories for Couples Wanting to Improve Their Relationships. June 26, 1998. Family and Children's Service, Bloomington, MN.

Counseling In-service on Working with Gay/Lesbian/Transgender/Bisexual Clients. April 24, 1998. Family and Children's Service, Minneapolis, MN.

Treating the Traumatized Child Through Play Therapy and Understanding the Symbolism in Children's Play. March 20 and 21, 1998. Sponsors: St. Olaf College and River Valley Clinic, Northfield, MN.

Reclaiming Angry and Unattached Youth. October 17, 1997. Northwest Family Services. St. Paul.

Counseling In-service on Domestic Violence: Assessing Couples for Therapy. May 30, 1997. Family and Children's Service, Minneapolis, MN.

Family Resource Coalition National Biennial Conference. May 8, 1996. Keynote speaker: Vice President Al Gore. Family Resource Coalition, Chicago, IL.

Conducting Group Work with Children Who Have Witnessed Domestic Violence. December 15, 1995. Sponsored by the Domestic Abuse Project, Minneapolis, MN.

Building Families: Ethical and Policy Issues in Adoption. November 13-14, 1994. Sponsored by the Center for Biomedical Ethics; the Children, Youth, and Family Consortium; and, the Minnesota Center for Health Care Ethics. Hotel Sofitel, Bloomington, MN.

Moral Discourse on the Family. November 8, 1994. Sponsored by National Council of Family Relations. Workshop: Anticipating the Future of Males in Families. Hilton Hotel, Minneapolis.

Fathers are Essential. October 14, 1994. Sponsored by the Minneapolis Youth Coordinating Board. Gale Mansion, Minneapolis, MN.

Family Reunion III: The Role of Men in Children's Lives. July 10-11, 1994. Sponsored by the Tennessee Department of Human Services and the Children, Youth, and Family Consortium.

Nashville, TN.

Adoptive Families Together. June 24-26, 1994. Sponsored by the Adoptive Families of America. Breakout sessions attended: Birthfathers Speak Out, Adoptive Fathers Roundtable, Gay and Lesbian Roundtable, Open Adoption Research, Legal Trends with Birthfathers, Blending Birth and Adopted Kids. Radisson Hotel, St. Paul, MN.