

William C. Carlson

University of St. Thomas

School of Social Work, 2115 Summit Ave.
Saint Paul, MN 55105

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EDUCATION

University of Minnesota Ph.D., Social Work	2026
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University of Minnesota MSW	2017
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University of Minnesota B.S., Psychology	2012
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LICENSURE

Licensed Independent Clinical Social Worker (LICSW), Minnesota #26428
Board Approved Clinical and Nonclinical Licensing Supervisor

ACADEMIC APPOINTMENTS AND EMPLOYMENT

Assistant Professor School of Social Work, University of St. Thomas	2026- present
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Adjunct Instructor School of Social Work, Augsburg University Course: Mental Health Assessment and Diagnosis (MSW)	2023-2024
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School of Social Work, University of Minnesota Course: Assessment and Treatment of Trauma (MSW)	2022-2024
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TEACHING INTERESTS

Assessment and treatment of psychological trauma
Interpersonal process, core concepts of clinical practice
Assessment and Engagement
Adaptation of EBTs in clinical practice

RESEARCH INTERESTS

Implementation and cross-cultural adaptation of EBTs
Promotive processes and resilience
Posttraumatic stress trajectories and treatments
Humanitarian Immigration

Juried Publications

- Carlson, W.**, Soltani, L., Renner, L. & Shannon, P. (under review). Contextual stressors and program-level influences on the mental health of MSW students. *Advances in Social Work*.
- Godoy-Henderson, C.*, **Carlson, W.***, Butler, M., & Henning-Smith, C. (2026). Modifiable protective factors that promote resilience in trauma-exposed adults: A systematic review. *Journal of Trauma, Violence & Abuse*. <https://doi.org/10.1177/15248380261433012>
- Choy-Brown, M., **Carlson, W.**, Studer, L., Williams, N., & Digari, S. (2025) Keeping our ACT team together: Supervisory strategies to promote workforce retention. *Administration and Policy in Mental Health and Mental Health Services Research*, 52(4), 785-799. <https://doi.org/10.1007/s10488-025-01458-7>
- Frumholtz, M.*, **Carlson, W.***, Shannon, P., Iaquina, S., Eckerstorfer, M., Hendel Patterson, B., Quadri, N., Shetty, R., Mohammadzadah, H., Stauffer, W., Adesida, O., Howard, C., Urban, K., Kirsch, J., Sayad, M., & Mamo, B. (2024). Welcoming new neighbors: Minnesota's rapid response model to address urgent health needs of Afghan newcomers in 2021-2022. *Frontiers in Public Health*, 12, 1413258. <https://doi.org/10.3389/fpubh.2024.1413258>
- Carlson, W.** (2023). Implementation challenges of trafficking visa eligibility: A role for social work. *Social Work*, 68(3), 222-229. <https://doi.org/10.1093/sw/swad017>
- Soltani, L. J., **Carlson, W.**, & Suleiman, J. (2023). "Everything from that era was kind of a blur": Improving humanitarian immigration systems' resilience in the wake of the NTA Memo. *Journal of Human Trafficking*, 1-14. <https://doi.org/10.1080/23322705.2023.2171684>
- Haight, W. L., Suleiman, J., Flanagan, S. K., Park, S., Soltani, L. J., **Carlson, W.**, Otis, J. R. & Turck, K. S. (2022). Reflections on social work education during the COVID-19 pandemic: Experiences of faculty members and lessons moving forward. *Qualitative Social Work*, 22(5), 938-955. <https://doi.org/10.1177/14733250221114390>

Manuscripts in Preparation

- Carlson, W.**, Shannon, P., Mehus, C., & Kaur, M. (in preparation). Adapting evidence-based trauma training for virtual dissemination: Implementation and outcomes of an international training for providers working with refugees in Malaysia. *Journal of Traumatic Stress*.
- Shannon, P., **Carlson, W.**, Abusaleh, K., Grossman-Kahn, R., & Mendenhall, T. (in preparation). Evaluating Minnesota's multisystemic emergency response to the health needs of Afghan evacuees: Feedback from leadership, and providers. *Disaster Medicine and Public Health Preparedness*.
- Shannon, P., **Carlson, W.**, Frumholtz, M., Mendenhall, T., & Mamo, B. (in preparation). Process and Outcomes of Integrated Mental Health Screening During the Resettlement of Afghans in Minnesota. *Annals of Global Health*.
- Carlson, W.**, Suleiman, J., & Choy-Brown, M. (in preparation). Bridging systemic resilience science with evidence-based supervision: Implementing value-driven strategies. *The Clinical Supervisor*.
- Shannon, P., & **Carlson, W.**, Sugrue, E., & Molloy, C. (in preparation). Exploring the experiences of Minnesota child protection services (CPS) workers in working with refugee families: A focused ethnography. *Journal of Child and Family Studies*.

Juried Presentations

- Shannon, P., **Carlson, W.**, Abusaleh, K., Grossman-Kahn, R., & Mendenhall, T. (2026, January). *Providers' and Afghans' views of integrated mental health screening during the disaster relief phase of resettlement: A focused ethnographic evaluation*. Oral presentation accepted for the Society for Social Work and Research Annual Conference in Washington, D.C.
- Choy-Brown, M., **Carlson, W.**, Williams, N., Studer, L., & Digari, S. (2025, June). *Keeping our ACT team together: Team leader strategies to fortify resilience*. Oral presentation at the 7th European Conference on Integrated Care and Assertive Outreach, Copenhagen, Denmark.
- Carlson, W.**, Shannon, P., Abusaleh, K., Grossman-Kahn, R., Mendenhall, T., & Mamo, B. (2025, June). *Providers' and Afghans' views of early mental health screening: A focused ethnographic evaluation*. Poster presented at the International Refugee and Migration Health Conference, Halifax, Nova Scotia.
- Carlson, W.**, Suleiman, J., & Choy-Brown, M. (2025, June). *Bridging systemic resilience science with evidence-based supervision: Implementing value-driven strategies*. Oral presentation at the International Interdisciplinary Conference on Clinical Supervision, New Brunswick, NJ.
- Carlson, W.**, Shannon, P., Abusaleh, K., Grossman-Kahn, R., Mendenhall, T., & Mamo, B. (2025, March). *Providers' and Afghans' views of early mental health screening: A focused ethnographic evaluation*. Poster presented at CEHD Research & Innovation Day, 2024, Minneapolis, MN.
- Carlson, W.**, Shannon, P., Mehus, C., Kaur, M., Rohovit, J., & Zar, E. (2025, January). *Evaluation of a collaborative virtual continuing education partnership with refugee-serving mental health providers working in Malaysia*. Poster presented at the Society for Social Work and Research 29th Annual Conference, Seattle, WA.
- Shannon, P., **Carlson, W.**, Mamo, B., & Frumholtz, M. (2025, January). *Collaborative processes and outcomes of integrated health and mental health screening during the disaster relief phase of Afghan resettlement in Minnesota*. Oral presentation at the Society for Social Work and Research 29th Annual Conference, Seattle, WA.
- Shannon, P., **Carlson, W.**, Mamo, B., & Frumholtz, M. (2024, September). *Process and outcomes of integrated mental health screening during the disaster relief phase of Afghan resettlement in Minnesota following Operation Allies Welcome*. Poster presented at the Advances in Learning Health System Sciences Conference, 2024, Minneapolis, MN.
- Carlson, W.**, Shannon, P., Mehus, C., & Kaur, M. (2024, September). *Implementing a scalable virtual training model for international trauma treatment education in Malaysia*. Oral presentation at the Cutting-Edge Paper session during the 40th Annual Meeting of the International Society for Traumatic Stress Studies, Boston, MA.
- Shannon, P., **Carlson, W.**, Rubenstein, L., Trevino, C., Mamo, B., & Kuech, S. (2024, August). *Making mental health screening happen: Effective processes for screening and referral*. Oral presentation at the North American Refugee Health Conference (International Refugee and Migration Health Conference), 2024, Minneapolis, MN.
- Shannon, P., **Carlson, W.**, Mamo, B., & Frumholtz, M. (2024, August). *Process and outcomes of integrated mental health screening during the disaster relief phase of Afghan resettlement in Minnesota following Operation Allies Welcome*. Poster presented at the North American Refugee Health Conference (International Refugee and Migration Health Conference), 2024, Minneapolis, MN.

- Carlson, W.**, Shannon, P., Mehus, C., & Kaur, M. (2024, March). *Implementing a scalable virtual training model for international trauma treatment education in Malaysia*. Poster presented at CEHD Research & Innovation Day, 2024, Minneapolis, MN.
- Soltani, L. J., **Carlson, W.**, & Suleiman, J. (2024, January). *Improving humanitarian immigration systems' resilience in the wake of the NTA Memo*. Oral presentation at the 28th Annual Conference of the Society for Social Work and Research, Washington D.C.
- Choy-Brown, M., **Carlson, W.**, Williams, N., Studer, L., & Digari, S. (2024, January). *Keeping our ACT together: The role of evidence-based supervision strategies in promoting a resilient Assertive Community Treatment workforce*. Oral presentation at the 28th Annual Conference of the Society for Social Work and Research, Washington D.C.
- Carlson, W.**, Peischer, K., Shannon, P. (2023, November). *Working with refugee families: Exploring local findings*. Oral presentation at the Center for Advanced Studies in Child Welfare 2023 Permanency and Child Welfare Fall Conference, Minneapolis, MN.
- Grossman-Kahn, R., **Carlson, W.**, & Shannon, P. (2023, May). *Early mental health assessment and support in disaster relief settings: Integrated medical and psychiatric screening for Afghan evacuees*. Poster presented at the American Psychiatric Association Annual Meeting, San Francisco, CA.
- Choy-Brown, M., & **Carlson, W.** (2023, March). *Keeping our ACT team together: The protective role of evidence-based supervision strategies in fortifying a resilient community mental health workforce*. Poster presented at the College of Education and Human Development's Research & Innovation Day, Minneapolis, MN.
- Shannon, P., & **Carlson, W.** (2023, March). *Addressing the mental health of Afghan evacuees in MN: Adapting screening and referral for disaster response*. Oral presentation at the Minnesota Social Service Association 130th Annual Conference, Minneapolis, MN.
- Carlson, W.**, & Shannon, P. (2023, March). *The experiences of MN CPS workers working with refugee families: Challenges and solutions*. Oral presentation at the Minnesota Social Service Association 130th Annual Conference, Minneapolis, MN.
- Carlson, W.**, Soltani, L. J., & Renner, L. M. (2023, March). *Surveying MSW student health: A collaborative approach to assessing and promoting student wellness*. Oral presentation at the Minnesota Social Service Association 130th Annual Conference, Minneapolis, MN.
- Shannon, P., **Carlson, W.**, Bunn, M., Im, H., Kuttikut & M. Cureton, A. (2023, January). *Welcoming Afghan evacuees: A national discussion of rapid response, emerging needs, and mechanisms for support*. Roundtable presented at the Society for Social Work and Research 27th Annual Conference, Phoenix, AZ.
- Carlson, W.**, Renner, L. M., Soltani, L. J., & Shannon, P. (2023, January) *A collaborative study assessing and addressing the mental health of MSW students*. Poster presented at the Society for Social Work and Research 27th Annual Conference, Phoenix, AZ.
- Mamo, B., Hendel-Paterson, B., Shannon, P., Adesida, O., Frumholtz, M., **Carlson, W.** & Mohammadzadeh, H. (2022, July). *An integrated disaster relief model of caring for the health and mental health of Afghan evacuees in a rapid response context*. Panel presentation at the North American Refugee Health Conference, Cleveland, OH.

- Carlson, W.** & Shannon, P. (2022, January). *Exploring the experiences of Minnesota child protection services (CPS) workers in working with refugee families: A focused ethnography*. Oral presentation accepted (withdrawn due to COVID-19) to the Society for Social Work and Research 26th Annual Conference, Washington, D.C.
- Carlson, W.**, Flanagan, S., Garlock, L. J., Otis, J., Suleiman, J., Turck, K., Park, S., & Haight, W. (2021, November). *Social work faculty members' experiences during the COVID-19 pandemic*. Poster accepted (withdrawn due to COVID-19) to the Council on Social Work Education Annual Program Meeting 2021, Orlando, FL.
- Garlock, L. J., Shannon, P., **Carlson, W.**, & Renner, L. M. (2021, November). *Exploring the mental health of MSW students: A mixed method survey*. Poster accepted (withdrawn due to COVID-19) to the Council on Social Work Education Annual Program Meeting 2021, Orlando, FL.
- Carlson, W.**, Hayakawa, M., & Reynolds, A. (2017, April). *Low-cost strategies to predict and increase parent involvement: The benefits of a needs assessment*. Poster presented at the Society for Research in Child Development 2017 Biennial Meeting, Austin, TX.
- Carlson, W.**, Hecht, K., Biehl, A., & Crick, N. (2014, November). *Gender and aggression in a war-affected, Sub-Saharan youth population*. Poster presented at the 2014 Children's Hospital of Philadelphia Global Health Conference, Philadelphia, PA.
- Carlson, W.**, Hecht, K., Biehl, A., Winkel, S., Johnson, K., Ralston, P., & Crick, N. (2014, March). *Resilient perspectives in war-affected Ugandan children*. Poster presented at the Society for Research in Adolescence 2014 Biennial Meeting, Austin, TX.
- Hecht, K., **Carlson, W.**, Biehl, A., Winkel, S., Johnson, K., Ralston, P., & Crick, N. (2014, March). *Aggression and psychopathology in Ugandan youth*. Poster presented at the Society for Research in Adolescence 2014 Biennial Meeting, Austin, TX.
- Biehl, A., Hecht, K., **Carlson, W.**, Winkel, S., Ralston, P., & Crick, N. (2014, March). *The relationship between self-report and teacher-report of aggression and victimization among adolescents in northern Uganda*. Poster presented at the Society for Research in Adolescence 2014 Biennial Meeting, Austin, TX.
- Johnson, K., Hecht, K., **Carlson, W.**, Biehl, A., Winkel, S., Ralston, P., & Crick, N. (2014, March). *Victimization as a risk factor for aggression outcomes in Ugandan adolescents*. Poster presented at the Society for Research in Adolescence 2014 Biennial Meeting, Austin, TX.
- Winkel, S., Hecht, K., **Carlson, W.**, Biehl, A., Ralston, P., & Crick, N. (2014, March). *Perceived effects of maternal alcohol consumption while pregnant from a Ugandan youth sample: A review of primary versus secondary viewpoints*. Poster presented at the Society for Research on Adolescence 2014 Biennial Meeting, Austin, TX.

Invited and Other Community Presentations

- Carlson, W.**, & Shannon, P. (2026, April). *Overcoming barriers to implementation of evidence-based treatment in Malaysia*. Research Hour, School of Social Work, Saint Paul, MN.
- Carlson, W.** (2026, April). *Responding to family status in 2026: A primer for child welfare professionals*. Center for Advanced Studies in Child Welfare Spring Conference - Meeting the Moment: Immigration and Child Welfare, Brooklyn Center, MN.

- Shannon, P., & **Carlson, W.** (2023, March). *Evaluating an integrated disaster response during rapid resettlement: Success and challenges in supporting Afghan resettlement*. School of Social Work Colloquium Presentation, Saint Paul, MN.
- Shannon, P., & **Carlson, W.** (2023, February) *Addressing the mental health of Afghan evacuees in Minnesota: Considerations for Interactions and Referrals*. Staff training, Hennepin Health, Minneapolis, MN.
- Shannon, P., **Carlson, W.**, & Mehus, C. J. (2023, January). *Developing and evaluating a sustainable, continuing education model of a trauma treatment certificate for Malaysian professionals*. Global Signature Grant Showcase, College of Education and Human Development, University of Minnesota, Minneapolis, MN.
- Shannon, P., **Carlson, W.** (2022, December) *Afghan behavioral health and social supports*. Minnesota Department of Health. The Minnesota Afghan Roundtable of Service Providers, St. Paul, MN.
- Shannon, P., **Carlson, W.**, & Mendenhall, T. (2022, June). *Rapid response systems for screening, assessment and referral of Afghan evacuees in Minnesota*. Invited presentation at the Disaster Behavioral Health Conference, Brooklyn Center, MN.
- Shannon, P., & **Carlson, W.** (2022, March). *Assessing and addressing the health and mental health of Afghan evacuees in Minnesota*. School of Social Work Council Presentation, Saint Paul, MN.
- Shannon, P., **Carlson, W.** (2021, September) *Behavioral Health Considerations for Afghan Humanitarian Parolees*. National Workgroup for Afghan Health, Centers for Disease Control, online.
- Carlson, W.** (2020, February). *Supporting provider sustainability during pandemic-related stress*. All-staff in-service, Face to Face Health and Counseling Service, Saint Paul, MN.

Professional Trainings and Clinical Tools

- Mehus, C. J., & **Carlson, W.** (2026, January). *Narrative Exposure Therapy*. 3-Day in-person clinical training for new staff and trainees. Hamm Memorial Psychiatric Clinic, Saint Paul, MN.
- Mehus, C. J., **Carlson, W.**, Shannon, P., & Kaur, M. (2025, August). *Advanced trauma treatment workshop*. 5-Day in-person clinical training and train-the-trainer program. Malaysian Mental Health Association, Petaling Jaya, Malaysia.
- Mehus, C. J., & **Carlson, W.** (2025, February). *Narrative Exposure Therapy*. 3-Day in-person clinical training for new staff and trainees. Northeast Youth & Family Services, Shoreview, MN.
- Mehus, C. J., & **Carlson, W.** (2025, January). *Narrative Exposure Therapy*. 3-Day in-person clinical training for new staff and trainees. Hamm Memorial Psychiatric Clinic, Saint Paul, MN.
- Shafie, Y., Kelly, R., Josiah, K., Shannon, P., & **Carlson, W.** (2024, November). *Addressing substance use in newcomer communities*. Live national webinar for the Center of Excellence in Newcomer Health, Minnesota Department of Health, online.
- Carlson, W.**, & Shannon, P. (2024, November). *Working with undocumented and asylum-seeking families*. Continuing education podcast series (3 parts) available through the Center for Advanced Studies in Child Welfare, University of Minnesota, online.

- Mehus, C. J., & **Carlson, W.** (2024, January). *Narrative Exposure Therapy*. 3-Day in-person clinical training for new staff and trainees. Hamm Memorial Psychiatric Clinic, Saint Paul, Minnesota.
- Shannon, P., Vue, C., & Jenkins, J., & **Carlson, W.** (2023, October). *Strategies for responding to the psychosocial needs of Afghan communities*. Live national webinar for the Center of Excellence in Newcomer Health, Minnesota Department of Health, online.
- Carlson, W.**, & Shannon, P. (2023). *Working with and supporting Afghan families: Advice from local community leaders for county providers*. Video module series (3 parts) available through the Center for Advanced Studies in Child Welfare, University of Minnesota.
- Carlson, W.**, & Shannon, P. (2022). *Refugee communities in Olmsted county: Information for county professionals working with refugee families*. Online training module available through the Center for Advanced Studies in Child Welfare, University of Minnesota.
- Carlson, W.**, & Shannon, P. (2022). *Refugee communities in Rice county: Information for county professionals working with refugee families*. Online training module available through the Center for Advanced Studies in Child Welfare, University of Minnesota.
- Carlson, W.**, & Shannon, P. (2022, January). *Refugee communities in Dakota county*. Virtual live training available through the Center for Advanced Studies in Child Welfare, University of Minnesota, Saint Paul, MN.
- Shannon, P., & **Carlson, W.** (2022, December). *Forum on Afghan behavioral health services and opportunities*. Center of Excellence in Newcomer Health, Minnesota, online.
- Shannon, P., & **Carlson, W.** (2021, September) *Guidance for mental health assessment and referral*. Minnesota Department of Health Disaster Response Protocol, Health Intake.
- Shannon, P., & **Carlson, W.** (2021, September) *A brief behavioral health screener for Dari and Pashto speaking Afghan evacuees*. Minnesota Department of Health Disaster Response Protocol, Health Intake.
- Shannon, P., & **Carlson, W.** (2021) *Best practices for working with families in disaster response: Considerations for working with Afghan Evacuees*. National Workgroup for Afghan Health, Centers for Disease Control, online.
- Shannon, P., & **Carlson, W.** (2021) *Behavioral health considerations for Afghan humanitarian parolees*. National Workgroup for Afghan Health, Centers for Disease Control, online.
- Carlson, W.**, & Shannon, P. *Refugee communities in Minnesota: Updated information for child welfare professionals in changing communities*. Online training module available through the Center for Advanced Studies in Child Welfare, University of Minnesota, Saint Paul, MN.
- Hecht, K., **Carlson, W.**, & Miller, K. (2013, June). *Self-regulation and learning in trauma-exposed children*. Teacher training workshop, Lira Integrated School, Lira, Uganda.

Research Experience

8/25 - 8/26 Graduate Research Assistant
 School of Social Work, University of Minnesota
 CASCW IV-E Fellow
 Center for Advanced Studies in Child Welfare Spring Conference: Immigration and Child Welfare

Supervisor: Dr. Patricia Shannon

- 8/24 – 5/25 Graduate Research Assistant
School of Social Work, University of Minnesota
National Center of Excellence in Newcomer Health (COE), Minnesota Department of Health.
Centers for Disease Control and Prevention Supplemental Funds for Support of Afghan Health & Mental Health
Clinical Training and Newcomer Health Orientation for Afghan Evacuees
Principal Investigator: Dr. Patricia Shannon
- 6/24 – 8/24 Graduate Research Assistant, Summer appointment
School of Social Work, University of Minnesota
National Center of Excellence in Newcomer Health (COE), Minnesota Department of Health.
Centers for Disease Control and Prevention Supplemental Funds for Support of Afghan Health & Mental Health
Clinical Training and Newcomer Health Orientation for Afghan Evacuees
Principal Investigator: Dr. Patricia Shannon
- 6/24 – 8/24 Graduate Research Assistant, Summer appointment
School of Social Work, University of Minnesota
International Trauma Treatment Education Fund, College of Education and Human Development, University of Minnesota
Train-the-Trainer Expansion of an Evidence-Based PTSD Treatment Training in Malaysia
Principal Investigator: Dr. Patricia Shannon
- 8/23 – 5/24 Graduate Research Assistant
School of Social Work, University of Minnesota
AES/CASCW IV-E Fellow
A Process Evaluation of Rapid Response Mental Health Screening, Assessment, and Support for Humanitarian Parolees from Afghanistan
Principal Investigator: Dr. Patricia Shannon
- 6/23 – 8/23 Graduate Research Assistant, Summer appointment
School of Social Work, University of Minnesota
National Center of Excellence in Newcomer Health (COE), Minnesota Department of Health.
Centers for Disease Control and Prevention Supplemental Funds for Support of Afghan Health & Mental Health
Clinical Training and Newcomer Health Orientation for Afghan Evacuees
Principal Investigator: Dr. Patricia Shannon
- 8/22 – 5/23 Graduate Research Assistant
School of Social Work, University of Minnesota
AES/CASCW IV-E Fellow
A Process Evaluation of Rapid Response Mental Health Screening, Assessment, and Support for Humanitarian Parolees from Afghanistan
Principal Investigator: Dr. Patricia Shannon
- 6/22 – 8/22 Graduate Research Assistant, Summer appointment
School of Social Work, University of Minnesota
National Center of Excellence in Newcomer Health (COE), Minnesota Department of Health.

Centers for Disease Control and Prevention Supplemental Funds for Support of Afghan Health & Mental Health
Clinical Training and Newcomer Health Orientation for Afghan Evacuees
 Principal Investigator: Dr. Patricia Shannon

- 8/21 – 5/22 Graduate Research Assistant
 School of Social Work, University of Minnesota
 AES/CASCW IV-E Fellow
Development and Evaluation of Pilot Training on Working with Refugee Families for Minnesota's Child Protection Workers
 Principal Investigator: Dr. Patricia Shannon
- 8/20 – 5/21 Graduate Research Assistant
 School of Social Work, University of Minnesota
 AES/CASCW IV-E Fellow
Development and Evaluation of Pilot Training on Working with Refugee Families for Minnesota's Child Protection Workers
 Principal Investigator: Dr. Patricia Shannon
- 8/15 – 5/17 Graduate Research Assistant
 Institute of Child Development, University of Minnesota
Child-Parent Center Program Midwest Expansion
 Principal Investigator: Dr. Arthur Reynolds
- 8/13 – 8/15 Research Assistant
 Institute of Child Development, University of Minnesota
Child-Parent Center Program Midwest Expansion
 Principal Investigator: Dr. Arthur Reynolds
- 10/12-12/13 Research Assistant
 Institute of Child Development, University of Minnesota
Social Development after Exposure to War Trauma in Northern Uganda
 Principal Investigator: Dr. Nicki Crick (overseen by Dr. Megan Gunnar)
- 2/12-9/12 Student Researcher
 Institute of Child Development, University of Minnesota
Social Development after Exposure to War Trauma in Northern Uganda
 Principal Investigator: Dr. Nicki Crick
- 1/12–12/12 Undergraduate Research Assistant
 Department of Psychology (Clinical), University of Minnesota
Research in Adolescent Depression (RAD) Lab
 Principal Investigator: Dr. Bonnie Klimes-Dougan
- 1/12-5/12 Undergraduate Research Assistant
 Department of Psychology, University of Minnesota
 Senior Thesis
Maternal depression, conflict, and implications for children
 Thesis advisor: Dr. Tyler Yost

Grants and Scholarships

- 2025 **Carlson, W.** *School of Social Work Conference Travel Award*, School of Social Work, University of Minnesota, \$800.

- 2025 **Carlson, W.** *School of Social Work Conference Travel Award*, School of Social Work, University of Minnesota, \$1,000.
- 2024 **Carlson, W.** *David and Georgiana Hollister Fellowship Endowment*, School of Social Work, University of Minnesota, \$3,000.
Award Period: Sept 2024-May 2025.
- 2024 **Carlson, W.** *Identifying and Exploring Promotive Factors in Early Refugee Resettlement: Hearing from Newcomers*, Humane Studies Fellowship, Institute for Humane Studies, George Mason University, \$2,500.
Award Period: Aug 2024-May 2025.
- 2024 **Carlson, W.** *Professional Development Support Award*, Center for Advanced Studies in Child Welfare, School of Social Work, University of Minnesota, \$1,000.
- 2024 **Carlson, W.** *Identifying and Exploring Promotive Factors in Early Refugee Resettlement: Hearing from Newcomers*, Council of Graduate Students Spring Research Grant, University of Minnesota, \$500.
Award Period: Jan 2025-Aug 2025.
- 2023 Shannon, P., & **Carlson, W.** *A Process Evaluation of Rapid Response Mental Health Screening, Assessment, and Support for Humanitarian Parolees from Afghanistan*, Agriculture Experiment Station Grant, University of Minnesota, \$53,649.
Award Period: Aug 2023-May 2025.
- 2023 **Carlson, W.** *School of Social Work Conference Travel Award*, School of Social Work, University of Minnesota, \$1,000.
- 2022 Shannon, P., Mehus, C., Kaur, M., **Carlson, W.** *Evaluating collaborative adaptation and acceptability of a pilot training program for local mental health trainees working with refugees in Malaysia*. Global Engagement Grant, Center for Global Health and Social Responsibility. University of Minnesota, \$15,000.
Award Period: Jan 2023-Dec 2024.
- 2022 Shannon, P., Mehus, C., Kaur, M., Rohovit, J., & **Carlson, W.** *Developing and Evaluating a Sustainable, Continuing Education Model of a Level I, Trauma Treatment Certificate for Malaysian Professionals*, CEHD Global Signature Grant, University of Minnesota, \$10,000.
Award Period: June 2022-Aug 2023.
- 2022 **Carlson, W.** *School of Social Work Conference Travel Award*, School of Social Work, University of Minnesota, \$900.
- 2022 **Carlson, W.** *School of Social Work Conference Travel Award*, School of Social Work, University of Minnesota, \$600.
- 2021 Shannon, P., **Carlson, W.** *Minnesota Department of Human Services, Afghan Refugee Resettlement*, Contract to University of Minnesota Health Emergency Response Office, Grant total: \$734,936.00 in 2022, Project subcontract total: \$67,000.
Award Period: Oct 2021-Aug 2022.
- 2021 **Carlson, W.** *School of Social Work Conference Travel Award*, School of Social Work, University of Minnesota, \$1,200.

- 2020-2021 **Carlson, W.** *Grants to Advance Graduate Education Program*, College of Education and Human Development, University of Minnesota, \$3,500.
Award Period: Sept 2020-May 2021.
- 2020-2021 **Carlson, W.** *Joyce and Robert Rosen Doctoral Fellowship*, School of Social Work, University of Minnesota, \$2,500.
Award Period: Sept 2020-May 2021.
- 2016-2017 **Carlson, W.** *Integrated Behavioral Health Fellowship*, School of Social Work, University of Minnesota, \$10,000.
Award Period: Sept 2016-May 2017

Unfunded Grants

- 2025 Dejaeghere, J., Shannon, P., Pellowshi Winger, N., Mujic, E., & **Carlson, W** (shortlisted) *Participatory Action Research: Grassroots Youth Education and Livelihoods Funding Mechanism*, Norwegian Refugee Council, \$200,000.
- 2024 Shannon, P., Mehus, C., **Carlson, W.**, Kaur, M. *Building Capacity for Disseminating Continuing Education for Trauma Treatment to Mental Health Providers working with Refugees Throughout Malaysia*, Public Affairs Section (PAS) Public Diplomacy Small Grants program, U.S. Department of State, \$90,736.
- 2024 **Carlson, W.** *Identifying and Exploring Promotive Factors in Early Refugee Resettlement: Hearing from Newcomers*, Visionary Grant, American Psychological Foundation, \$20,000.
- 2024 **Carlson, W.** *Graduate and Professional Scholarly Excellence in Equity and Diversity Award*, University of Minnesota, \$2,000.
- 2024 **Carlson, W.** *Identifying and Exploring Promotive Factors in Early Refugee Resettlement: Hearing from Newcomers*, Seashore Fellowship Grant, University of Minnesota, \$3,000.
- 2023 Shannon, & **Carlson, W.** (2024-2029). *Refugee and Migrant Behavioral Health Technical Assistance Center*, Substance Abuse and Mental Health Service Administration (SAMHSA), Grant total: \$15,000,000, Project subcontract total: \$1,416,796, Scored: 89.

Teaching Experience

- 10/25 Guest Lecture. *Relational Dynamics in Interpersonal Process: The Impact of Development on Relational Dynamics*. SW 8452, Core Concepts in Clinical Social Work Practice (MSW).
School of Social Work, University of Minnesota, Dr. Patricia Shannon.
- 12/24 Invited Panelist. *Careers Across the Helping Field*. For FSOS 3429, Counseling Skills Practicum I (undergrad).
Department of Family Social Science, University of Minnesota, Zamzam Dini.
- 7/24 – 8/24 Adjunct Faculty (instructor of record)
SWK509: Human Behavior: Mental Health Assessment and Diagnosis (MSW)
School of Social Work, Augsburg University.

- 3/24 Guest Lecture. *Developmental Trauma, Complex PTSD, Resilience, Resourcing, and Treatment Planning with Refugee Clients*. Evidence-Based Treatment of Refugee Trauma Survivors.
Center for Practice Transformation, University of Minnesota, Dr. Patricia Shannon, Dr. Chris Mehus, Dr. Mahinder Kaur, and William Carlson.
- 11/23 Guest Lecture. *Considering Refugee Mental Health: Identifying Opportunities and Using Implementation Strategies to Meet Emergent Needs*. SW 5562, Global Social Work and Social Development (MSW).
School of Social Work, University of Minnesota, Dr. Jihee Woo.
- 10/23 Guest Lecture. *Collaborative Assessment, Case Formulation, and Treatment Planning Processes*. SW 8452, Core Concepts in Clinical Social Work Practice (MSW).
School of Social Work, University of Minnesota, Dr. Patricia Shannon.
- 09/23 Guest Lecture. *Suicide Assessment, Homicide Assessment, and Duty to Warn*. SW 8452, Core Concepts in Clinical Social Work Practice (MSW).
School of Social Work, University of Minnesota, Dr. Patricia Shannon.
- 7/23 – 8/23 Adjunct Faculty (instructor of record)
SWK509: Human Behavior: Mental Health Assessment and Diagnosis (MSW)
School of Social Work, Augsburg University.
- 5/23 – 7/23 Graduate Instructor (instructor of record)
Social Work 8901: Assessment and Treatment of Trauma (MSW)
School of Social Work
University of Minnesota, Twin Cities.
- 3/23 Guest Lecture. *Developmental Trauma, Complex PTSD, Resilience and Resourcing with Refugee Clients*. Evidence-Based Treatment of Refugee Trauma Survivors.
Center for Practice Transformation, University of Minnesota, Dr. Patricia Shannon, Dr. Chris Mehus, Dr. Mahinder Kaur, and William Carlson.
- 5/22 – 7/22 Graduate Instructor (instructor of record)
Social Work 8901: Assessment and Treatment of Trauma (MSW)
School of Social Work, University of Minnesota, Twin Cities.
- 04/22 Guest Lecture. *Assessment and Treatment of Trauma for Diverse Populations: Developmental Considerations for Trauma Treatment and Narrative Exposure*. CPSY 735, Developmental Psychopathology (Doctoral).
School of Professional Psychology, University of St. Thomas, Dr. Christopher Vye.
- 1/22 – 5/22 Graduate Instructor (instructor of record)
Social Work 8901: Assessment and Treatment of Trauma (MSW)
School of Social Work, University of Minnesota, Twin Cities.
- 05/21 Guest Lecture. *Immigrant and Refugee Resettlement: Post Migration Stressors and the Implications for Social Workers Working with Refugees*. SW 5913, Special Topics: Work with Immigrant Populations (MSW).
School of Social Work, University of Minnesota, Dr. David Hollister.
- 11/16 Guest Lecture. *Families, Parenting, Achievement and Work*. PSY 1140, Lifespan Development (undergrad).
Department of Psychology, Hamline University, Dr. Kathryn Hecht.

- 11/16 Invited Panelist. *Psychology Careers and Professional Development*. PSY 1140, Lifespan Development (undergrad).
Department of Psychology, Hamline University, Dr. Kathryn Hecht.
- 11/15 Guest Lecture. *Families, Parenting, Achievement and Work*. PSY 1140, Lifespan Development (undergrad)
Department of Psychology, Hamline University, Dr. Kathryn Hecht.
- 11/15 Invited Panelist. *Psychology Careers and Professional Development*. PSY 1140, Lifespan Development (undergrad)
Department of Psychology, Hamline University, Dr. Kathryn Hecht.
- 9/13 Guest Lecture. *Methodological Considerations for Cross-cultural Research*. Presentation to CPSY 4310, Special Topics in Child Development: Development Across Cultures (undergrad)
Institute of Child Development, University of Minnesota, Dr. Kathryn Hecht.

Professional Experience

- 6/26 - Private Practice Psychotherapist (contracted), LICSW, Virta Therapy Collective, Saint Paul, MN.
- 8/25 - 5/26 Graduate Assistant, PhD Program Student Admin (.25 FTE), School of Social Work, University of Minnesota, Saint Paul, MN.
- 2/25 – 3/26 Contracted Consultant and Trainer, Mental Health Program (part-time), Afghan Cultural Society, Minneapolis, MN.
- 7/20 -5/26 Private Practice Psychotherapist (contracted), LICSW, Lyn-Lake Psychotherapy & Wellness, Minneapolis, MN.
- 2/20 - 7/20 Interim Mental Health Program Manager (full time), LICSW. Face to Face Health and Counseling Service, Saint Paul, MN.
- 6/17-2/20 Mental Health Practitioner, LGSW (full time). Face to Face Health and Counseling Service, Saint Paul, MN.
- 9/16-5/17 Graduate Intern Therapist. Face to Face Health and Counseling Service, Saint Paul, MN.
- 8/15-6/16 Graduate Mental Health Intern. Highwood Hills Elementary. Saint Paul Public Schools, Saint Paul, MN.

Honors and Awards

- 2025 *Society for Social Work and Research 2026 Doctoral Fellows Award*, Society for Social Work and Research (nominated).
- 2024 *Visionary Care Studies Paper Award*, The Care Network, Center for Global Social Policy, University of Toronto (nominated).
- 2022 *President's Student Leadership and Service Award*, College of Education and Human Development, University of Minnesota (nominated).

2020	<i>U.S. Attorney's Award for Excellence in the Pursuit of Justice</i> , United States Attorney's Office, District of Minnesota.
2017	<i>Award for Excellence in Advanced Social Work Practice Evaluation</i> , School of Social Work, University of Minnesota.

Service

University

9/21- University of Minnesota Medical Reserve Corps, Behavioral Health Team
Licensed Mental Health Provider
University of Minnesota

8/25-9/25: Annunciation Shooting Incident Response

9/21-5/22: Afghan Evacuee Social Support MRC Deployment

Department

4/24-5/24 *Building a Vibrant Research Community at SSW: A Survey for Faculty and PhD Students*
Survey Development and Data Capture
School of Social Work, University of Minnesota

10/23-3/24 *Assistant Professor Search Committee, Macro Practice*
Doctoral Student Member
School of Social Work, University of Minnesota

10/23-3/24 *Assistant Professor Search Committee, Clinical*
Doctoral Student Member
School of Social Work, University of Minnesota

10/22-2/23 *PhD Program Student Climate Survey*
Co-Developer
School of Social Work, University of Minnesota

10/21-2/22 *School of Social Work Director Search Committee*
Doctoral Student Member
School of Social Work, University of Minnesota

9/20- *MSW Mental Wellness Survey Working Group*
Doctoral Student Member
School of Social Work, University of Minnesota

03/18 *Post Graduation to Employment: Licensure, Job-seeking and Supervision*
Invited Panelist
School of Social Work, University of Minnesota

05/16 *Incoming MSW Student Program and Field Orientation*
Invited Panelist
School of Social Work, University of Minnesota

Editorial

2026 Reviewer
Journal of Human Rights and Social Work
International Journal for Equity in Health

Journal of Immigrant and Minority Health
BMC Health Service Research
Social Work

2025 Reviewer
International Journal for Equity in Health
Journal of Human Trafficking

2024 Reviewer
Journal of Human Trafficking

2023 Reviewer
Journal of Human Trafficking

2022 Reviewer
Development and Psychopathology

Community

11/24 Youth activities volunteer. Afghan Cultural Society, Minneapolis, MN.

2023-2024 Technical assistance and consultation: Data system creation and workflow. Afghan Cultural Society, Minneapolis, MN.

Media

Walytka, E. (2024, March 30). *UMN and Malaysian colleagues create virtual therapy curriculum for refugees*. The Minnesota Daily. <https://mndaily.com/282906/campus-administration/umn-and-malaysian-colleagues-create-virtual-therapy-curriculum-for-refugees/>

Moe, K. (2024, February). *Addressing trauma in Southeast Asia: How CEHD is collaborating with Malaysian experts to support refugee trauma survivors*. CEHD Connect Magazine. <https://connect.cehd.umn.edu/refugee-trauma/>

Professional Associations

Council on Social Work Education (CSWE)
International Society for Traumatic Stress Studies (ISTSS)
Society of Refugee Healthcare Providers
Society for Social Work and Research (SSWR)