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## **Lisa Shields, DNP, CNP, RN, PHN**

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### **Education**

September 1993 - May 1996 University of Minnesota, Duluth  
**Pre-Nursing**

September 1996 - June 1998 University of Minnesota, Minneapolis  
**Bachelor of Science in Nursing, Public Health Nursing Certification**

September 2000 - May 2002 College of St. Catherine, St. Paul  
**Master of Arts in Nursing- Nurse Practitioner  
ANCC Certification**

September 2009 – November 2011 College of St. Catherine, St. Paul  
**Doctorate of Nursing Practice**

### **Work experience**

August 2024- Present St. Thomas University  
**Clinical Nursing Faculty**

June 2023-Present United Health Group/Optum  
**Nurse Practitioner**

August 2021-Present St. Catherine University  
**Assistant Nursing Professor Masters Entry Level Program/Adjunct  
Faculty**

January 2020- April 2022 Adoray Hospice  
**Hospice/ Palliative Care Nurse Practitioner**

July 2019- January 2020 Ecumen Hospice  
**Per Diem Nurse Practitioner**

August 2018- June 2019 St. Croix Central School District  
**School Nurse**

August 2015- June 2018 Your Hormone Health/Shields Holistic Health  
**Nurse Practitioner/Owner**

June 2016-July 2017 Westfields Hospital and Clinic

**Long Term Care Nurse Practitioner**

September 2015- June 2016    Wisconsin Indianhead Technical College

**Adjunct Nursing Faculty**

August 2014- July 2015

United Hospital

**Palliative Care Nurse Practitioner**

May 2013- July 2014    Baldwin Area Medical Center

**Clinic/Functional Medicine Nurse Practitioner**

July 2012- May 2013    Regions Hospital

**Nurse Practitioner/Lead for Inpatient Diabetes Education**

July 2011- June 2012    Wisconsin Indianhead Technical College

**Nursing Faculty**

September 2009- December 2010    Matrix Medical Network

**Nurse Practitioner/Team Lead**

October 2007- October 2009    Community Health Partnership

**Nurse Practitioner**

July 2005- September 2007    Long Term Care Group

**Nurse Practitioner**

October 2004- June 2005    Community Health Partnership

**Nurse Practitioner**

May 2003 - September 2004    Evercare

**Long Term Care Nurse Practitioner**

June 2002- May 2003    Park Nicollet

**Long Term Care Nurse Practitioner**

**Other Training**    Currently enrolled in training course with Functional Medicine University; Applying Functional Medicine in Clinical Practice with IFM 2012; Reiki Level 2; Master Reiki; Certified Crystal Healer; Institute for Transformational Nutrition Certification; Certified Micronutrient Specialist